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Staffer fired for calling Liberal 'homophobe'

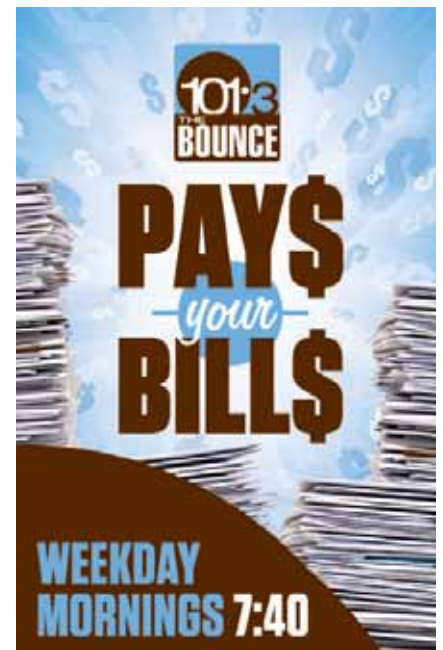
NDP candidate Ramona Jennex apologizes on worker's behalf **PAGE 3**

Do-it-yourself birthing

IWK Health Centre funding a total of five midwives for a more 'intimate' home delivery **PAGE 4**

UM, WHY DO YOU CARE ABOUT ME SO MUCH?

DON JON STAR SCARLETT JOHANSSON TALKS ABOUT HOW SHE DOESN'T UNDERSTAND WHY PEOPLE ARE SO INTERESTED IN HER LIFE, AND INTERNET FREEDOM **PAGE 16**



BIRDS OF A FEATHER ARE ART TOGETHER

A visitor to the Art Gallery of Nova Scotia checks out an exhibit entitled Tautology by artist Duane Linklater on Tuesday. Linklater is one of five artists shortlisted for this year's Sobeys Art Award, the winner of which will be announced on Oct. 9. **JEFF HARPER/METRO**

Hunt on for rape suspect

Public safety. Girl says man, 20, attacked her in Dartmouth Common



Caiden Donte Wournell HANDOUT

An arrest warrant has been issued for a man identified by Halifax Regional Police as a suspect in the recent random rape of a teenager in Dartmouth.

"Given the violent nature of the assault and the randomness of the assault, it is a public-safety concern here," said Const. Pierre Bourdages on Tuesday.

Police say Caiden Donte Wournell, 20, was identified on surveillance video from cameras near the scene of the assault.

"He is known to police.... He was identified by officers that had previous dealings with him," said Bourdages.

Police responded to the Dartmouth Common just before 9 p.m. Saturday and found a 17-year-old girl who reported being sexually assaulted by a man she'd met at the Metro Transit Bridge Terminal.

They were walking through the Common, and when they

reached a secluded area, police say the man grabbed her, sexually assaulted her with forcible penetration and then took off with her purse.

Wournell is charged with sexual assault, robbery and breach of probation. He's described as five-foot-11 with short black hair and brown eyes. He also has a small tear-drop tattoo under his right eye and a large tattoo on his left forearm.

Bourdages said efforts to locate him have been unsuccessful, and it's hoped the public can help investigators make an arrest.

Anyone with information is asked to call police or Crime Stoppers. **RUTH DAVENPORT/METRO**

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NDP worker gets chopped over 'outspoken homophobe' email

Political spat. Keith Irving calls out government for 'smear campaign'

The NDP in Nova Scotia said it fired a campaign worker and apologized to a Liberal candidate Tuesday after a member of the party's election team referred to him as an "outspoken homophobe."

NDP candidate Ramona Jennex said Nathaniel Cole was dismissed for using the term in reference to Keith Irving, the Liberal candidate in her riding of Kings South.

"It goes against everything I believe in and he's no longer with this campaign anymore," she said in an interview.

"I do hope that Mr. Irving recognizes that this is not anything that would come from the campaign. It was an individual who made a huge, huge error."

Jennex said Cole was working for her campaign when he sent the email to Acadia Pride, a student group at Acadia University in Wolfville.

But she said he acted on his own without party approval and used his personal email address.

The Liberals provided a copy of an email, which said Jennex, the education minister, would be interested in meeting with members of the group to discuss issues on campus and further her work with the gay community in the Annapolis Valley.

The email goes on to say that Jennex is running



Keith Irving, right, Liberal candidate for Kings South, is joined by Scott Brison, Liberal MP for Kings-Hants, for a press conference Tuesday in New Minas.

KENTVILLE REGISTER/METRO



Ramona Jennex
JEFF HARPER/METRO

against "the outspoken homophobe Keith Irving."

"This type of smear campaign is not what Nova Scotians want or expect from

'Outlandish'

Responding to accusations

Keith Irving said during a press conference on Tuesday afternoon in New Minas there's nothing in his background that could lead someone to believe he is

homophobic.

"I think this accusation is so outlandish that I don't feel people of Kings South will take it seriously at all in terms of my integrity. Anyone who knows me or who has met me knows this is no way reflective of who I am. This is so outrageous,"

Irving said.

Flanked by Liberal Kings-Hants MP Scott Brison — who is openly gay — Irving told reporters this situation was "really unfortunate" and took voters away from the real issues in Kings South.

THE CANADIAN PRESS

A spokesman for the party said Cole, a paid NDP worker, was fired soon after Jennex learned of the email. Jennex said she phoned Ir-

ving to apologize. She said she didn't know why Cole would have referred to Irving in that way.

THE CANADIAN PRESS

Leaders hope to avoid costly gaffes in election debate

Liberal Leader Stephen McNeil, the perceived front-runner in what has become a tame and uneventful Nova Scotia election race, is aiming low as he prepares for the campaign's televised leaders debate Wednesday.

McNeil says his goal is to deliver his key messages and, more importantly, avoid making any cringe-worthy gaffes.

"I don't think anyone can hit a home run to win," says McNeil, former owner of a small business in the Annapolis Valley. "It's if someone

On TV

Wednesday's debate runs from 5:30 to 7 p.m. on CBC.

makes a mistake — that's what ends up being the issue. It's usually when someone falters that you see the biggest change."

In Nova Scotia, history shows that faltering in a debate can have disastrous consequences.

The televised debate dur-

ing the 1998 campaign produced the infamous Seven Seconds of Silence, marking a turning point in a race that saw the governing Liberals barely retain power.

Then Liberal premier Russell MacLellan stumbled badly when asked by Progressive Conservative Leader John Hamm if the premier would resign if he failed to bring in a balanced budget. Instead of responding, MacLellan stared straight ahead and uttered not a word for seven long seconds.

The awkward pause, which

MacLellan later blamed on rigid debate rules, has become a cautionary tale for Nova Scotia's typically low-key politicians, says Tom Urbaniak, a political-science professor at Cape Breton University in Sydney.

"Caution is not just a political calculation, it's part of the nature of ... our politics in this province," he says.

So it's not surprising that the campaign for the Oct. 8 election has been a dull affair so far, which does not bode well for the debate, he says.

"This has been a campaign that has been extraordinarily cautious — remarkably so," Urbaniak says, adding that the leaders trailing McNeil in the polls — NDP Premier Darrell Dexter and Progressive Conservative Leader Jamie Baillie — haven't offered any bold new ideas to capture the public's imagination.

"All indicators are that, given the tenor of the campaign, the leaders will try to be their cautious best in the debate."

THE CANADIAN PRESS

1 NEWS

IWK offering home-birth program after 3-year hiatus

Providing choice.

New health department funding brings midwife total to five



HALEY
RYAN

haley.ryan@metronews.ca

A few hours after her first child was born, Jackie Kellestine sat at her kitchen table eating a bowl of cereal.

Kellestine said she felt safe during her home birth in May 2010, and having her mother and husband in the house made the experience more special.

"It was really intimate. It was beautiful," said Kellestine, one of the last women in Nova Scotia to give birth at home before a midwife shortage forced the IWK Health Centre to close the program in late 2010.

Until this Monday, women in HRM were only

Quoted

"There's a lot of women who've been delaying getting pregnant until home birth was back on the table."

Jackie Kellestine

able to give birth in the hospital, said Jocelyn Vine.

Vine, vice-president of patient care at the IWK, said the department of health recently provided enough funding for two more midwife positions, bringing their total to five.

"We're very pleased to have this option available because we certainly know that women want it," Vine said.

Women with low-risk pregnancies living within 30 minutes of the hospital could now give birth at home, Vine said, but there is still a waiting list for midwives.

Kellestine, co-chair of the Midwifery Coalition of Nova Scotia and mom of two, said she was "very pleased" to hear the announcement.

Although Kellestine says she's happy her son Sawyer was born healthy in the hospital last March, she was nervous and stressed during her pregnancy because she didn't know what to expect.

"It's not relaxing, it's not comfortable," Kellestine said. "It's stressful to be living out of a bag that you packed. It was very different."

Although she said some people have questioned the safety of giving birth at home, Kellestine said if anything looked unusual her midwife would've transferred her to the hospital right away.

"You're their patient, they're in the health-care system too," Kellestine said. "Healthy baby, healthy mothers, that's what everyone wants."



Jackie Kellestine reads a book at home with her kids, McKinley, left, and Sawyer, on Tuesday afternoon. JEFF HARPER/METRO

Embattled MLA not running again in Dartmouth North

Former Dartmouth North MLA Trevor Zinck is not a nominated candidate in the provincial election.

Elections Nova Scotia confirms Zinck did not file nomination papers by Tuesday's 2 p.m. deadline.

"We didn't hear from him at all," said spokesperson Dana Doiron.

Zinck is currently awaiting sentencing on charges of fraud and breach of trust for filing more than \$10,000

in expense claims for donations he never made.

The former New Democrat turned independent pleaded guilty to the charges in June and said at a court hearing in August that he still planned to run in this election.

Sentencing arguments are scheduled for Oct. 1. Zinck has said he suffers from "compassion fatigue" and was seeking an expert opinion on his mental



Trevor Zinck METRO

health.

The election is slated for Oct. 8.

RUTH DAVENPORT/METRO

Premier defends Irving \$260M forgivable loan

Premier Darrell Dexter used the backdrop of the Irving Shipyard to promote his government's decision to provide the company a \$260-million forgivable loan, saying it is necessary to foster job growth.

Dexter hosted a boat tour Tuesday to the Halifax shipyard championing his approach to create jobs in his bid to get re-elected. He said the financial support to Irving Shipbuilding, which

is intended to help its shipyard carry out renovations so it can begin building new navy vessels, is an example of what's needed to boost employment.

Liberal Leader Stephen McNeil has cited the loan as a failed policy decision and questioned the government's rationale for handing out the assistance, a position Dexter said doesn't take into account the current economic climate.

Re-election bid

\$260M

The premier fought back against criticism related to a \$260-million forgivable loan

"The simple fact of the matter is that if you do not compete, you are going to miss the opportunity to bring ... jobs (here)," said Dexter.

THE CANADIAN PRESS

Target

United Way aims to raise \$6,176,500

The United Way Halifax has set the target for its campaign this year.

The United Way says it wants to raise \$6,176,500, money that will be collected through employee contributions.

"We know the funds

we raise will support life-changing programs for people, reducing poverty and making healthy active living a priority," said campaign co-chair John Rogers, the chief executive officer of Stewart McKelvey, at an event Tuesday morning at the YWCA Child Care Centre on Herring Cove Road.

The campaign runs from September through December. METRO

Lunenburg

Man charged in dog's death appears in court

A Lunenburg man charged following the death of a dog will be back in court in October to enter a plea.

Jason Remai, 36, appeared in Kentville Provincial Court this week. He

is charged with failing to provide an animal, a dog, with reasonable protection from injurious heat or cold. The matter was adjourned to Oct. 21 for plea.

Remai was charged under the Animal Protection Act of Nova Scotia after Kings RCMP responded to two calls about a dog in distress in Wolfville at around 3:20 p.m. on July 21.

KENTVILLE REGISTER

\$500,000 hosting fee

Council approves funding for We Day

Regional council has approved \$50,000 to pay the hosting fee for the first We Day Atlantic event in Halifax this November.

We Day is an initiative of the international charity Free the Children, which works with schools to pro-

mote volunteerism through the We Act program.

A staff report suggests the event will reach about 10,000 people — mostly students and educators — and about half will come from outside HRM to the event at the Metro Centre.

"(This) is supporting a much larger effort ... to be doing very good community work," said Coun. Jennifer Watts. METRO

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Alleged murder. Navy divers find no new evidence in Boudreau case

Another extensive search conducted by a dive team earlier this month in waters where 43-year-old Phillip Joseph Boudreau was allegedly murdered turned up no new evidence.

Boudreau's overturned 16-foot boat was found June 1 in Petit-de-Grat harbour and despite extensive ground and water searches by RCMP divers, his body was never discovered. Published reports have indicated Boudreau may have been shot as he raided lobster traps.

Sgt. Mark MacPherson, with the Richmond County District RCMP, said navy divers from the Department of National Defence were brought in to see if their advanced techniques could find any new evidence.

"They came up and searched again for anything that would afford evidence to the investigation," said MacPherson. "They utilized some advanced techniques such as a

People charged

4

The number of people charged in connection with Phillip Joseph Boudreau's death

remote-operated vehicle, which is like a little sub, just looking for any evidence that would assist in the investigation and the results were negative."

Approximately 15 Department of National Defence personnel, including technicians and divers, spent two-and-a-half days on the scene, from Sept. 11 to 13. Despite the fact that four people have been charged in the case, MacPherson said the investigation remains ongoing.

"There's always loose ends on every investigation," he said. "We're still doing what we can to cover off those loose ends."

CAPE BRETON POST

Const. Mosher. Cop, 30, charged with breaching court undertaking

A Halifax police officer charged with sexual assault now faces two counts of breaching a court undertaking after he was accused of drinking outside of his home and being in the presence of a woman who is not a relative. Nova Scotia's Serious Incident Response Team says the new charges against Const. Chris Mosher relate to an incident alleged to have occurred in Lunenburg on Aug. 22.

The 30-year-old Mosher is due in Bridgewater provincial court on that matter on Oct. 23.

Mosher was charged in Feb-

Suspended without pay

Halifax Regional Police say Const. Chris Mosher has been suspended without pay as a result of the latest charges.

ruary with sexual assault and administering a noxious thing with intent to aggrieve after an alleged incident in November.

He is due in provincial court in Dartmouth for that case on June 17 for a preliminary inquiry. **THE CANADIAN PRESS**

East River Road

Woman robbed in front of drug store

New Glasgow police are asking for the public's assistance to see if they have any information about a robbery with violence that occurred in the Shopper's Drug Mart on East River Road on Monday at 5:30 p.m.

According to police, two men approached a woman in the parking lot, sprayed her in the face with an irritant and robbed her of her purse and immediately fled the area. **NEW GLASGOW NEWS**

Port Hawkesbury Paper

First Nations chiefs sign agreement

A new five-year forestry agreement was signed by chiefs representing the five Mi'kmaq bands in Cape Breton and Marc Dube from Port Hawkesbury Paper.

The new contract with Unama'ki Institute of Natural Resources outlines the roles and responsibilities for harvesting and silviculture, while paying special attention to species-at-risk and culturally significant areas for traditional-use plants.

CAPE BRETON POST



Peter McInroy, chair of Leave Otter Lake Alone, announces a new website to bring public awareness to the issues surrounding Otter Lake on Tuesday at the World Trade and Convention Centre. **JEFF HARPER/METRO**

Something sure does smell: Group

Otter Lake. Website somethingsmells.ca offers info on proposal to remove environmental protections site

Quoted

"We do think something smells in this whole proposal by HRM ... the way it was set up, the way they're barrelling ahead."

LOLA chair Peter McInroy

A citizens' alliance concerned about proposed changes to the Otter Lake landfill has launched a website in hopes of educating other HRM residents about the impact of the potential alterations.

"Our message is simple and that is that HRM has both a legal and moral obligation to keep its word to the people of the host communities around the Otter Lake landfill," said

Peter McInroy, the chair of Leave Otter Lake Alone (LOLA) at a news conference Tuesday.

HRM is currently holding public consultations on the proposals contained in a consultants' report on the landfill.

The one of most concern is a recommendation to eliminate the front-end processor (FEP) and waste-stabilization facility (WSF), which both help protect surrounding communities from landfill odours, leachate

and gases.

The inclusion of the FEP and WSF were enshrined in a contract signed with the host community in the late 1990s — and McInroy, who is also a lawyer, says he's concerned that the contract will be violated.

"I couldn't believe that HRM staff, with the blessing of council, would be ... pushing for changes to a contract without having gone to the people on the other side of the contract

first," said McInroy.

The first public-consultation sessions were held in the host community last week and are now moving to other parts of HRM. McInroy said LOLA has launched the website somethingsmells.ca to educate other HRM residents about the history of the landfill, the contract, and the impact of removing the FEP and WSF.

"We want them to know it's not just that you can save \$10 million a year," he said. "There are other serious issues here and this community's being abused and hurt and betrayed."

The schedule for public consultations on the solid waste resource review is online at halifax.ca/shapeyourcity.

RUTH DAVENPORT/METRO



Four images released by police on Tuesday. **CONTRIBUTED**

Cops seek public's help in jewelry-store heist

Police are asking for the public's help in identifying two suspects who they say are responsible for a robbery that occurred in Halifax on July 30.

At 1:48 p.m., police responded to Halifax Gold at 1461 Brenton St. after two men entered the store, threatened staff with a handgun and demanded cash. No one was hurt, and police say the suspects fled

on foot down the street with an undisclosed amount of money.

They are believed to have left in a silver Honda Civic that was parked off Brenton Place.

Photos of the car and the two suspects were released on Tuesday by police.

Anyone with information about the robbery is asked to contact police at 490-5016, or Crime Stoppers. **METRO**

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Panic in streets. People pray for their lives as houses collapse in quake

Thousands of Pakistanis ran into the streets praying for their lives Tuesday as a powerful earthquake rocked a remote area in the south-west.

The quake killed at least 39 people and possibly created a small island off the coast, officials said.

The Pakistani military said it was rushing troops and helicopters to Baluchistan province's Awaran district, where the quake was centred, and the nearby area of Khuzdar.

Local officials said they were sending doctors, food and 1,000 tents for people who had nowhere to sleep as strong aftershocks continued to shake the region.

Most of the victims were killed when their houses collapsed, according to the chief spokesperson for the coun-



Breaking the news: A woman takes to her cellphone after rushing from her apartment after the quake hit. THE ASSOCIATED PRESS

try's National Disaster Management Authority, Mirza Kamran Zia.

THE ASSOCIATED PRESS

Mystery in Wales. Police hunt for a body amid village slavery probe

Welsh police arrested four people and combed the grounds of a stable outside the capital city, Cardiff, on Tuesday, hunting for a body in a long-running slavery investigation.

Gwent Police said more than 100 officers searched the grounds, as well as an apartment in Cardiff and a house in the small Welsh village of Penhow.

Those arrested are between the ages of 36 and 66.

The force said it was acting on suspicion that people were being kept in poor conditions at the site "and forced to work for no pay."

The black-clad hunters

The police believe a body might be hidden. Pictures published online showed black-clad officers picking through underbrush with rods, and an excavator being deployed at the site.

Police said an unnamed man — he is believed to be a Polish national — was recovered from the site on Monday and was being assessed by the police and personnel from British Red Cross.

THE ASSOCIATED PRESS

Death sentences

Rapists show their faces at last

Four men sentenced to death in India for raping and murdering a young woman on a moving bus appeared at a New Delhi court as judges reviewed the penalty.

Three of the men uncovered their faces in public for the first time since the crime, while one wore a handkerchief tied over his face.

THE ASSOCIATED PRESS

Faces 20 years in jail

Cruise ship captain backed

The Italian captain of the shipwrecked Costa Concordia is getting support at his trial from representatives of the victims. They say faulty generators, pumps and elevators could have increased the casualty rate.

Francesco Schettino faces 20 years in prison if convicted of charges including manslaughter.

THE ASSOCIATED PRESS

Cold-blooded mall tweets unleashed

Kenya atrocity. As bodies piled up and a nation reeled in shock, mass killers took to Twitter to mock and threaten more horror

As the deadly attack unfolded inside Kenya's Westgate mall, the invading terrorists were callously spreading mayhem on Twitter.

They sent out tweet after cruel tweet, taunting the Kenyan military, defending the mass killings and threatening more bloodshed.

Twitter shut the account down five times. But each time the terror organization al-Shabab started a new feed.

The sixth account was a post Tuesday linking to a photo that purported to show two of the attackers "unruffled and strolling around the mall in such sangfroid manner."

The tweet mocked Kenya's security forces for their repeated assurances over two days — also tweeted — that the siege was nearly over.

It wasn't the first time al-Shabab has live-tweeted a terrorist attack, said J.M. Berger, a U.S.-based terrorism analyst who monitors the group's on-line presence.

The militants offered comments in real time or nearly so in recent attacks in Mogadishu and the attempted assassination of the Somali president.

But the drawn-out Kenya attack, which left at least dozens dead, brought the group to a much wider stage, amplified by its social-media savvy.

"The person who runs



Too distraught to even weep: Relatives of a victim of the Kenya mall massacre comfort each other after they identify his body at the Nairobi city morgue on Tuesday. JEROME DELAY/THE ASSOCIATED PRESS

Quoted

"Those cowards will meet justice as will their accomplices and patrons, wherever they are."

Kenya President Uhuru Kenyatta, in a televised address to the nation

their Twitter account has obviously invested a lot of energy in the process of grabbing headlines," said Berger, who has called out al-Shabab before for violating Twitter's terms of service.

He did so again after the attack began on Saturday, announced by gunshots, grenades and the group's

chosen hashtag, #Westgate. The account was closed. A new feed opened, the handle sent to journalists on the al-Shabab email list, with crisp assurances tweeted back to users who requested their names be added. But as the death toll rose — and images were broadcast worldwide of the terror, which included

a bloodied woman and terrified children — the group found itself roundly condemned, and the tweets became more defensive: "Mujahideen have no desire to kill women & children and have done everything practically possible to evacuate them before attacking #Westgate."

The communications onslaught, which included back-and-forth tweets with Kenya's security forces, had police at one point appealing to "all Kenyans to ignore the propaganda of those intent on dividing us and breaking us down." THE ASSOCIATED PRESS

President lists shocking toll

Kenya's president proclaimed victory Tuesday over the terrorists who stormed a Nairobi mall and unleashed a deadly spree of mass killings in a bloody four-day siege.

Security forces had "ashamed and defeated our attackers," President Uhuru Kenyatta said.

Kenyatta said the dead included 61 civilians whose bodies have been recovered

so far and six security forces.

Some 175 were injured, Kenyatta said.

But it seemed certain the number of confirmed deaths would rise as security forces searched the building.

Nairobi's city morgue had already braced for the arrival of a large number of bodies of people killed, an official said.

A government official said the morgue was preparing for

an additional 60 bodies.

Explosions rang from the upscale Westgate mall in Nairobi throughout Tuesday, and the chatter of gunfire from inside the building could also be heard.

Fresh smoke rose from the building in the afternoon.

Kenyatta declared three days of national mourning starting Wednesday.

THE ASSOCIATED PRESS



Kenya President Uhuru Kenyatta
THE ASSOCIATED PRESS

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Special visas. Brazil lays out the welcome mat for Syrian refugees

Syrians who want to leave their conflict-wracked nation and travel to Brazil will be granted special visas to travel to Latin America's biggest country, the government said Tuesday.

The government's official gazette announced that the National Committee for Refugees authorized the foreign ministry to issue the visas for "humanitarian reasons."

This will allow Syrians affected by the conflict and the "deterioration of living conditions" to enter Brazil.

Brazil decided to make

Their new life

Brazil has a Syrian immigrant community estimated at about three million.

it easier for Syrians to enter the country given the "major humanitarian crisis" afflicting the country, the "large number of refugees created by the conflict" and the "large number of Syrians seeking refuge in Brazil."

THE ASSOCIATED PRESS

Syria drama

Spanish media man kidnapped

Spain's interior minister says a correspondent from the Spanish newspaper El Periodico has been kidnapped in Syria by an entity linked to al-Qaida.

Jorge Fernandez Diaz said Tuesday his ministry was working for the release of Marc Marginedas, 46, who has not been seen since Sept. 4 when the car he and his driver were in was stopped by armed jihadists near Hama.

Marginedas entered Syria from Turkey on Sept. 1.

THE ASSOCIATED PRESS

Stop sending weapons to Syria, world leaders told

UN chief's blunt warning. Syrian crisis is the 'biggest challenge to peace and security in the world'

United Nations Secretary-General Ban Ki-moon sent an impassioned, urgent message to world leaders on Tuesday.

Stop fuelling the bloodshed in Syria with weapons, he said, and get both sides to the negotiating table to end the "biggest challenge to peace and security in the world."

In his state-of-the-world address to open the annual gathering of presidents, prime ministers and monarchs at the UN General Assembly, Ban said the international response to last month's "heinous use of chemical weapons" in Syria "has created diplomatic mo-



Can you spot the likeness? Demonstrators dressed as new Iranian president Hasan Rouhani and U.S. President Barack Obama meet the media Tuesday as the UN General Assembly debates. The demonstrators called on the two leaders to negotiate a ceasefire and end the bloodshed in the Syrian crisis. JONATHAN FICKIES/THE ASSOCIATED PRESS

mentum — the first signs of unity in far too long."

Ban called on the Security Council to adopt an "enforceable" resolution on a U.S.-Russian agreement to put Syria's

chemical weapons under international control for destruction.

He also called for help to bring to justice the perpetrators of the Aug. 21 chemical

weapons attack outside Damascus "either through referral to the International Criminal Court or by other means consistent with international law." THE ASSOCIATED PRESS

Mass starvation looming, opposition warns



A Syrian mother comforts her baby at an abandoned lot where she is staying after fleeing fighting in her village. THE ASSOCIATED PRESS

Syrian opposition groups and international relief organizations are warning of the risk of mass starvation across the country.

The threat is strongest in the besieged Damascus suburbs where a gas attack killed hundreds last month.

With the world's attention focused on the regime's chemical weapons, activists said six people — including an 18-month girl — have died for lack of food in one of the stricken suburbs.

Save the Children said in an appeal this week that

more than four million Syrians — more than half of them children — do not have enough to eat. Food shortages have been compounded by an explosion in prices.

"The world has stood and watched as the children of Syria have been shot, shelled

and traumatized by the horror of war," said Roger Hearn, Save the Children's regional director for the Middle East.

"The conflict has already left thousands of children dead, and is now threatening their means of staying alive."

THE ASSOCIATED PRESS

Thousands trapped

Thousands of people are believed trapped in rebel-held suburbs of the capital. Residents say food is increasingly hard to find.

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Teacher takes wrong turn, runs marathon



Meredith Fitzmaurice
COURTESY MEREDITH FITZMAURICE

I'll just run with it.
34-year-old teacher starts the half-race, ends up the first woman to complete the full race



LUKE SIMCOE
Metro Online

Meredith Fitzmaurice celebrated her win at Sunday's Run for Heroes Marathon in Amherstburg, Ont., despite not having entered the race.

The runner from Belle River, Ont., had signed up for the 21.1-kilometre half marathon, but after a wrong turn landed her on the full marathon course, she just kept going.

"As I was looking at my watch, I was thinking some-

Just do it

"And once he said I was good to go, my adrenaline just kicked in."

Meredith Fitzmaurice, after accidentally winning her first marathon

thing's wrong. Where's the finish line?" she said.

After realizing her mistake, the 34-year-old teacher checked with a race official to see if she would be eligible to

finish.

"The guy was awesome," she said. "And once he said I was good to go, my adrenaline just kicked in."

In the end, Fitzmaurice

finished her very first marathon with a time of 3:11:48. She was the first woman to cross the finish line and 10th overall.

"I didn't even realize I was the first female until people started yelling at me and high-fiving me," she said. "Once I crossed the finish line and realized the magnitude of what I had done, I started crying."

'Hollow Flashlight.' 15-year-old Canadian wins Google science fair

A 15-year-old Victoria student who invented a flashlight powered by body heat is one of the big winners at Google's annual international science fair.

Ann Makosinski won in the 15-16 age category, beating out thousands of other budding young scientists from around the world.

The "Hollow Flashlight" runs off the heat of the hand holding it, using special tiles that generate electricity from

the heat flow between the palm on one side and the ambient air on the other.

The Grade 10 student at St. Michael's University in Victoria says she will explore more ways to use the technology to reduce battery use, including possibly in medical devices.

Makosinski received a \$25,000 scholarship with four other winners at a gala ceremony in California on Monday night. **THE CANADIAN PRESS**

Edmonton

Police suspect teens overdosed on synthetic marijuana

Two Edmonton-area teenagers are in hospital after overdosing on what is believed to be a designer drug that federal health authorities have warned can potentially kill.

RCMP say they got word Monday afternoon about a 14-year-old boy in St. Albert having seizures in a

back alley.

A 16-year-old boy was later reported to be in medical distress at a school parking lot in the city.

The younger teen remains unconscious while the older boy is awake and in stable condition.

Police think the pair used synthetic marijuana, known as K2 or Spice, which Health Canada said in July could trigger a range of traumatic effects that may lead to death.

CHED/THE CANADIAN PRESS

This little Piggy went to the Smithsonian. Kermit's girlfriend joins him in D.C.

Miss Piggy is finally joining her love, Kermit the Frog, in the Smithsonian Institution's collection of Jim Henson's Muppets, and Bert and Ernie will have a place in history, too.

The newest donation from the Henson family includes Miss Piggy, Fozzie Bear, Scooter and the Swedish Chef from The Muppet Show. Muppets from Sesame Street joining the collection include Bert and Ernie,

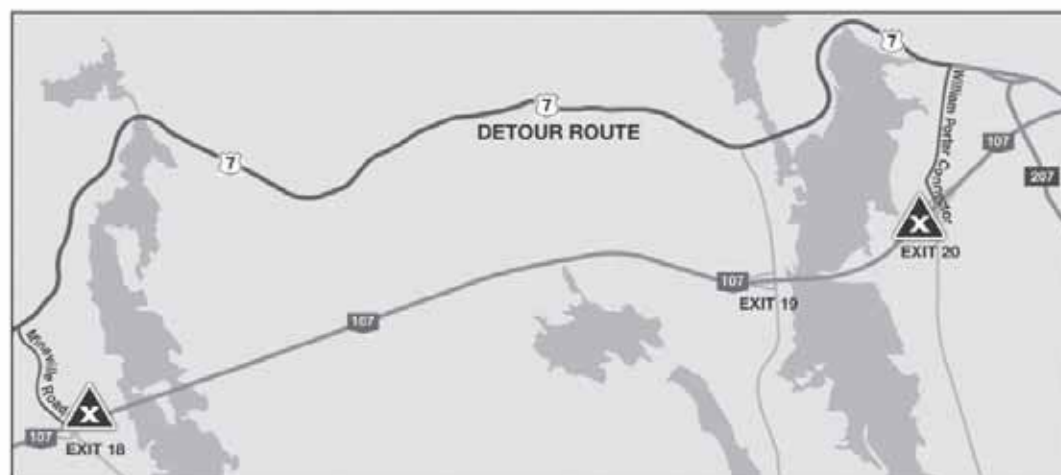


Miss Piggy is dressed up during a ceremony in Washington Tuesday.
JACQUELYN MARTIN/THE ASSOCIATED PRESS

Elmo, Cookie Monster, Grover and Count Von Count. **THE ASSOCIATED PRESS**

TRAFFIC ADVISORY Highway 107- Night time Closures

Highway 107, between Exit 18 (Mineville Rd.) and Exit 20 (William Porter Connector), is closed to all traffic during night time hours for repaving and widening.



From Monday through Saturday the road is closed from 7 p.m. until 6 a.m. On Sunday morning the road will stay closed until 8 a.m.

By doing this work at night the Province is able to maintain normal traffic flow during the busy daytime hours and reduce the inconvenience to the majority of drivers who use this road.

While this section of Highway 107 is closed a detour is directing traffic onto Highway 7. The Province is providing four variable-message boards and other signs to inform the public of the road closure.

The project will be completed in late October. During the project drivers travelling at night should adjust their travel times to accommodate the detour.



Disgraced politician appeals guilty verdict

China. Bo Xilai faces life in prison after being found guilty of bribery, embezzlement and abuse of power

Disgraced Chinese politician Bo Xilai has appealed his guilty verdict, a person close to the case said Tuesday, in

a rare move that is consistent with his defiant stance but unlikely to change the outcome.

The person with direct knowledge of the case, but who did not wish to be identified, said the former Politburo member made the appeal orally upon the delivery of the verdict issued by the Jinan Intermediate People's

Court in eastern China on Sunday.

The court announced that it found Bo guilty of embezzlement, bribery and abuse of power and sentenced him to life in prison. A copy of the verdict was later delivered to Bo, when he informed the court of his decision to appeal, the source said.

The provincial court is

expected to make a ruling within two months, and it can uphold the lower court's decision, modify the sentence or ask for a retrial. But it is expected to stick to Jinan court's verdict because it is believed to be a decision by China's highest leadership, which controls the court system.

THE ASSOCIATED PRESS



Fallen politician Bo Xilai, centre, is held by police as he stands at the court in Jinan, China, on Sunday. JINAN INTERMEDIATE PEOPLE'S COURT/THE ASSOCIATED PRESS

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Brazil

World Cup soccer stadium could be used for prisoners

A World Cup stadium being built in the Brazil may not become a white elephant after all. At least one judge has come up with a post-World Cup use: a prisoner processing centre.

Brazil is readying 12 stadiums for next year's World Cup, and several will be little used after the tournament.

THE ASSOCIATED PRESS

Czech Republic

\$4.5M in fake penis pills seized

Officials in the Czech Republic say they have seized almost 200,000 fake erectile-dysfunction pills at Prague's Vaclav Havel airport.

In a statement Tuesday, the administration said it was a record seizure and that the value of the 194,300 Cialis and Viagra pills would have been \$4.5 million US. It is not clear if the pills were meant for the Czech Republic or another country.

THE ASSOCIATED PRESS



Bronze Fonz approves

British artist David Shrigley's 10-metre bronze thumb sculpture, which is one of six proposals for the fourth plinth in Trafalgar Square, is exhibited Tuesday in St Martin-in-the-Fields Church in London. Six works of art were unveiled in miniature on Tuesday, two of which will eventually be chosen for display on Trafalgar square's empty "fourth plinth," one of the city's major platforms for public art.

SEAN DEMPSEY/THE ASSOCIATED PRESS

Woman rows solo across the Pacific

Change of course.
Initial route from Japan to Canada changed to Alaska due to punishing weather

A 28-year-old British adventurer became the first woman to row solo from Japan to Alaska, arriving late Monday at

a small town in the Aleutian Islands after 150 days at sea.

Sarah Outen greeted community members and supporters in Adak, Alaska, her first human contact in nearly five months. She left Choshi, Japan, on April 27 and was at sea for 6,034 kilometres. It is part of her plan for a global trek by an ocean rowing shell, kayak and bike.

On the row, she battled

dangerous seas, and her boat, Happy Socks, capsized five times. In the last few days, she almost hit a cargo ship after her radar failed.

Along the way, she also got engaged to her longtime girlfriend back home during a satellite phone call from the middle of the ocean.

Next spring, she plans to return to Adak with a teammate, Justin Curgenvin, to

continue the kayak trip to mainland Alaska. She will then bike across Canada and North America before attempting a solo row across the Atlantic Ocean to the U.K.

Outen's first attempt at the crossing ended in 2012 when she and another ocean rower had to be rescued near Japan after their boats were badly damaged in a tropical storm. **THE ASSOCIATED PRESS**



British adventurer Sarah Outen with her boat. **FLICKR: SARAH OUTEN**

Greenpeace protest

Russia to lay piracy charges against Arctic activists

Russian investigators said Tuesday they will file piracy charges against Greenpeace activists who tried to climb onto an offshore drilling platform in the Arctic owned by state-controlled gas company Gazprom.

The activists — from 18 countries including Canada — are on a Greenpeace ship, the Arctic Sunrise, that was seized last week by the Russian Coast Guard

and towed Tuesday into a port near Murmansk.

Piracy charges carry a potential prison sentence of up to 15 years and a fine of 500,000 rubles (about \$16,200).

Greenpeace said two Canadians — Paul Ruzyski of Port Colborne, Ont., and an unidentified person from Montreal — were among the activists on the vessel when it was seized.

The Greenpeace protest was aimed at calling attention to the environmental risks of drilling for oil in Arctic waters.

THE ASSOCIATED PRESS



Potty protest in N.Y.C.

Supporters of the international organization WaterAid rally in New York City Tuesday to pressure world leaders meeting at the United Nations to increase global access to sanitation and safe drinking water. According to WaterAid, one in 10 people lack access to water and one in three do not have a toilet. **ED RIEKER/WATERAID/THE ASSOCIATED PRESS**

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Need to build a country? Just ask Google

Politics. Metro talks to product manager Sara 'Scout' Sinclair Brody about a new database of founding documents



KIERON MONKS
Metro World News

Not content with its recent announcement of a life-extension clinic, Google has unveiled a program to help nations create constitutions. Constitute provides a database of every founding document and amendment across the world since 1789, broken down into topics for ease of reference. It has been endorsed by heads of state from Tunisia and Kyrgyzstan, and Sara "Scout" Sinclair Brody,

Google Ideas product manager, says there is no catch.

How would you describe this service?

It's a tool, and a repository. It allows people to search and compare constitutions.

Are you responding to a demand for this?

There is a specific demand, uncovered by our partners at

the Comparative Constitutions Project, who have been helping countries draft constitutions for years. They built a library and used to drag it around, and then used documents in the digital age. But we were able to get it all online with tags for each topic and a beautiful interface.

Are constitutions not outdated yet? Why do people

argue over interpretation of a 300-year-old scroll?

For web junkies like me, we think of them as anachronisms — something men who have oil paintings made of them do. But five are being drafted every year, and on average they last for 17 years. I had no idea how relevant or current they could be — it can be a very political process with the power to generate improvements.



The home page of Google's Constitute project, constituteproject.org.
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Fast food

Crinkle-cut fry chops out some of the fat, BK says

Burger King Canada is introducing a new crinkle-cut french fry on Wednesday that it says is less fattening than regular fries. Gratisfries have six grams of fat and 145 calories per 70-gram serving, compared to 11 grams of fat and 222 calories of other leading fast-food fries, the chain says. A free-sampling promotion will begin next month. **METRO**

Market Minute



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Natural gas: \$3.50 US (-10¢)
Dow Jones: 15,334.59 (-66.79)

Retail. Sears CEO departs as turnaround underway

Sears Canada's chief executive is leaving the retailer for another job, in a move that raises questions about the future of the company's turnaround plan in an increasingly competitive marketplace.

Sears said Tuesday Calvin McDonald, who has spearheaded a number of major initiatives to reposition the company, will be replaced as president and CEO by chief operating officer Douglas Campbell, who has been Sears Canada's chief operating officer since November.

The company said McDonald resigned to pursue an opportunity with a "leading international company."

Sears Canada spokesman Vince Power said McDonald hasn't informed the company where he's going, but he disputed a report that McDonald was leaving due to a disagreement with majority share-

holder Sears Holdings Corp.

Desjardins Securities analyst Keith Howlett called the move a negative for the company, saying McDonald's departure reduces the probability of an operating turnaround.

"Our view was that McDonald was a talented, energetic retail executive and might have been able to accomplish a turnaround against what we perceive as long odds," Howlett wrote in a note to clients.

Incoming CEO Campbell joined Sears Canada in March 2011. He graduated from the U.S. Naval Academy with a degree in economics, before serving as a commissioned officer in the U.S. Marine Corps and receiving an MBA from the Wharton School.

THE CANADIAN PRESS

**Outgoing Sears
CEO Calvin
McDonald**
TORSTAR NEWS
SERVICE FILE



CAPTAIN KIRK AFRAID TO FLY?

"Space: the final frontier. These are the voyages of the starship Enterprise. Its five-year mission: to explore strange new worlds, to seek out new life and new civilizations, to boldly go where no one has gone before."

The imaginations of multiple generations have been fired by that statement, first uttered by Captain James T. Kirk, a.k.a. Canadian-born actor William Shatner, on the opening episode of *Star Trek* in 1966. Shatner has been succeeded by a gallery of *Star Trek* captains, but when most of us think about boldly going etc., we think of William Shatner.

Which is why it's more than a let-down to learn that Shatner, now 83, has refused an invitation from Sir Richard Branson to be on the first voyage of the Virgin Galactic space ship, scheduled to lift off on Christmas Day.

I mean, come on, Jim — I mean Bill — it's hardly a five-year



JUST SAYIN'
Paul Sullivan
metronews.ca

mission, just a short, two-hour jaunt, and it's not going very far: 100 kilometres above the Earth, generally recognized as the border between our planet's atmosphere and space. It's the space travel equivalent of taking the stairs from the parking garage instead of the elevator.

Nonetheless, Kirk — I mean Shatner — isn't biting. That is unless Branson offers to pay his way, and can guarantee a safe return. Branson isn't taking any of this well and has accused the Captain of the *Starship Enterprise* of being afraid to fly.

That's like saying Spiderman is afraid to hang off the sides of buildings.

I guess it's a compliment to Shatner that we still confuse an overweight octogenarian with a fantasy hero from a science-fiction future.

With him at the helm of the *Enterprise* at the onset of the voyage, *Star Trek* has grown to become more than an entertain-

ment. It's our imaginative bridge to real space exploration, making the whole idea viable in the minds of trekkies everywhere — including engineers, astrophysicists, politicians, Metro columnists — influential people who prevent space travel from being written off as an inexcusably expensive luxury at a time when California, the most populous state in the U.S. and home of much of the space-flight industry, is on the verge of bankruptcy.

If we had any sense, we'd stop thinking about revisiting the moon or going to Mars, never mind trying to get to the moons of Saturn, or out of the solar system altogether and into strange new precincts of the galaxy. But staying home and sticking to your knitting is hardly inspiring.

Which is why Shatner's uncharacteristic lack of enthusiasm for a token space ride is so disappointing. He should know too that he's passing up the chance to travel with Justin Bieber and Ashton Kutcher, along with Mila Kunis, Leonardo DiCaprio and Russell Brand.

On the other hand, maybe you can't blame him. Not sure I'd boldly go to a mall opening with that crowd.

ZOOM

Blazing saddles ignite relief



NAOMI JELICIC/REX FEATURES

Bikers amaze by riding across fire

They have just ridden the fiery apocalypse and come out alive. Two riders from the Findon Skid Kids, a cycle speedway club in the southern Australian city of Adelaide, safely emerge from a blazing-fire stunt jump, with hundreds of fans cheering in joy and relief. **METRO**

Hot hot heat

"We couldn't can it after 55 years. It is a tradition that is part of this club. Had the conditions been different — if it was windy — we probably wouldn't have done it."

Allan Staunton,
Findon Skid Kids president

Failed jump had left riders badly hurt

Six months ago, the Findon Skid Kids' time-honoured stunt ended in disaster after three teens were hospitalized with severe burns. The flaming cardboard the riders jumped through failed to break up as planned and instead stuck to the riders.

METRO

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

Sure, there's an appeal to subscribing to services like Sirius or Rdio, but the abundance of free streaming platforms has kept me from taking the plunge. Soundcloud is easily where I spend most of my streaming hours. Here's three of my favourite accounts to get you started.



CONTRIBUTED

Deep and Disco

Exactly what it sounds like: modern disco that's a perfect fit for any and all of your workout playlists. Or just leave it streaming on a lazy Sunday, and before you know it you will have cleaned your entire house.

Domino Record Co.

A lovingly tended and eclectic U.K. record label that's home to a roster of

artists — including Canada's Austra — that any other company should envy. No matter your taste, finding something new to love is a sure bet.

Modular People

An Australian label that sticks pretty close to electronic music that gets your feet moving. There's already a few hour-plus mixes uploaded to the account, so most of the work has been done for you.

Letters

Youth suicide is very pressing issue. A solution is to help the children openly express their emotions.

With this in mind, a Toronto hospital recently launched a new program: an interactive video game.

This cannot be a solution, especially directed to the young audience. Even with parental monitoring, youth in today's generation are playing hours a day. If instead, the children are encouraged to play video games, problems will start to arise.

After realizing that video games are completely permissible, children will start to expand their

gaming territory to other video games and genres. Before you know it, they are attached to the television with a pair of headphones, and a controller glued to their hands.

Although suicidal thoughts are set aside because of the new addiction, results of addictive video gaming include neglected academic progress, bad influences, and social isolation, studies suggest.

An alternative like video games is not the answer. Parents should be spending more time with their children. Simply put, parents are the most important people in a child's life.

Janet Li,
Mississauga, Ont.

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Scarlett Johansson doesn't care about your love life

Interview. The Don Jon star talks about image, the Internet and having a private life away from stardom



**NED
EHRBAR**
Metro World News in Hollywood

Don Jon writer-director-star Joseph Gordon-Levitt says he wanted Scarlett Johansson as his co-star in part because she herself has been a victim of a certain amount of objectification within pop culture.

But while Johansson is happy for the implied compliment, she doesn't think she's all that special.

"I think that sure, I've been a victim, if you want to say, of that as much as anybody else. I don't feel particularly affected by that more so than any other person in the spotlight, I guess," she says. "But I think it's something that I've used — my own status as a sexiest whatever you want to call it or whatever it is, a label you want to put on it — I've been able to use to my advantage while trying to avoid getting pigeonholed as much as possible. I don't want the work that I do to feel like a reaction to the fact that I'm trying to get away from that."

Speaking of getting away from that, Johansson keeps away from the vast swaths of Internet devoted to her beauty and private life.

"I stopped my Googling



Joseph Gordon-Levitt, left, and Scarlett Johansson star in Don Jon. CONTRIBUTED

In control

What she really wants to do is direct. And it might not be far behind.

- **Taking the chair.** While pal Joseph Gordon-Levitt might have beat her to the director's chair with Don Jon, Scarlett Johansson won't be far behind. "I'm

myself," she admits. "Nothing good ever comes out of it. It's best to avoid it. Gives you an inflated idea of yourself, as well. You suddenly feel like everybody's paying attention to you all the time."

Of course, in her case she might be right — even if the idea still strikes her as odd.

actually directing a film next summer, which is an adaptation of a (Truman) Capote novella called Summer Crossing," she says. "It's something I've been working on for what feels like forever. It's been about six years, and we're finally going to do it."

"The other thing is, why do you care? You don't know me," she says. "It always makes me wonder why anybody cares. I don't particularly care to know how any person I don't know, about their romantic life. I mean, I guess we're all nosy in some way, but it's something that

seems unrelated in my mind. I mean, I know people like celebrities and maybe that gives them something to dream about. I don't know."

That's not to say Johansson wants any of that content eradicated — or even regulated in any way.

"There are no rules; that's the Internet. There's no rules. You can't impose them, then we'd be living in China," she says.

"If you want to have a free country or whatever, you can't impose any regulations on the Internet. Anyway, it's impossible. Again, unless you're living in a country that has a restricted access, and then who's to say exactly what should and shouldn't be regulated? It's an impossible task."

Quick interview

Danza talking about Don Jon

A few weeks ago, Taxi turned 35. That and Who's the Boss? are what Tony Danza is best known for — but he's always been busy. The one-time boxer who stumbled into acting is now back in a medium that hasn't always treated him well — movies. Danza plays Joseph Gordon-Levitt's dad in Don Jon.

Your character in Don Jon isn't very redemptive.

He's not redemptive at all. But everybody you play you love. Tommy Korman in Honeymoon in Vegas is a manipulator and not a nice guy, and at the end he actually gets rough. But I love him.

How was Joseph Gordon-Levitt as a first-time feature film director?

He's terrific. He wrote a movie that captures the culture of the minute and makes us laugh, and there's a message that — he's not proselytizing, but it's there. It's a cautionary tale; a comment on society.

**MATT PRIGGE/
MWN**



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Bruhl sees parallels between his Rush and The Fifth Estate

Interview. Daniel Bruhl talks about how his two new films have startling similarities and gives some predictions on the WikiLeaks front



NED EHRBAR
Metro World News in Hollywood

Daniel Bruhl is having a busy year. He quite handily steals two major premieres from high-profile co-stars in *The Fifth Estate* and *Rush*. Both films appear to be about someone else — WikiLeaks founder Julian Assange (Benedict Cumberbatch) and late Formula One driver James Hunt (Chris Hemsworth) — but are really about Bruhl's characters — Assange fan-turned-partner Daniel Domscheit-Berg and disfigured racing legend Niki Lauda.

Bruhl tells us more and how the two films have a lot in common.

"There are some parallels between the films, because I'm playing two real characters," Bruhl explains.

"It's also interesting, the structure of the movies, because you don't have a hero and a villain at the end, but you have empathy for both of them. It's quite interesting to see. And then, of course, my roots help me because both of these characters are quite



Daniel Bruhl, right, has big supporting roles in two major films, including *Rush*. CONTRIBUTED

focused and German in a way: correct and reasonable and so on."

It seems one thing led to the other for Bruhl.

"It's partly luck," he says. "I have to say that Ron (Howard) helped me a lot and supported me after making *Rush* and helped me get into the next movie. Because of — I don't know — good work, I suppose, in *Rush*, I was given the chance."

Bruhl adds that he's part of a bigger trend in film.

"In general, this change started a couple of years ago

that we Germans or European actors get the real chance to play these great parts in American movies," he says.

"This is an interesting change, and I hope it's going to go on. It's a very positive trend, I think."

Playing real, living people can be an odd experience.

"It was very strange to see *Rush* in London the other day with (Lauda)," he says.

"I mean, I watched him watching the movie. I got goose bumps sometimes because everything around the accident is so intense. It was

strange to see that with Niki in the same theatre."

Despite doing a film on it already, Bruhl thinks the story of WikiLeaks is just beginning.

"It's a subject, I think, that will be important for a long time, and we're just at the beginning of it," he says.

"All of us, we citizens, have to learn a lot of things — how we deal with gathering information — but also governments have to learn how to deal with it, and corporations. I think we're drowning right now in information. This is a problem for everyone."

In Focus

Rush harkens back to the Days of Thunder



IN FOCUS
Richard Crouse
scene@metronews.ca

"If you think the last four words of the national anthem are gentlemen, start your engines," joked comedian Jeff Foxworthy, "you might be a redneck."

That quartet of words conjures up images of burning rubber, revving engines and lightening fast pit stops.

This weekend, the new Ron Howard movie *Rush* tries to capture the excitement of Formula One racing. Daniel Bruhl stars as Niki Lauda, the real life Austrian driver and three-time F1 World Champion who faced off against British legend James Hunt (Chris Hemsworth) at the 1976 Formula One World

Championship at Fuji in Japan.

The story of their rivalry promises not only a great sport story, but also pedal to the metal action and fiery crashes. Like racing kingpin Dale Earnhardt Sr. once said, "You win some, you lose some, you wreck some."

Just ask the producers of *Days of Thunder*, who destroyed 35 cars during the shooting of the Tom Cruise racing flick.

Loosely based on the relationship between crew chief Harry Hyde and driver Tim Richmond — played by Robert Duvall and real life racing enthusiast Cruise — and set in the world of Nascar, *Days of Thunder* is essentially Top Gun on four wheels, but it does feature some thrilling scenes and deafening engine noise.

As for the autos, most were Chevrolets fitted with fake stock cars with fibreglass bodies.

Not exactly built for the kind of speed required for the film, they regularly broke down and at one point half the fleet was in the shop.



Days of Thunder is considered one of the best stock car racing movies. CONTRIBUTED

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Jessica Alba. ALL PHOTOS GETTY IMAGES

Alba wishes she had lived it up in her pre-mom body days

Not that Jessica Alba is saying she has a bad body now, but she wishes she'd taken advantage of it before she became a mother of two.

"I was a lot more critical of my body when it was

probably pretty awesome," she tells Health magazine. "It's like, why did I not ever wear jean shorts? That's so crazy. I was so skinny! I didn't have any cellulite. What was I thinking?"

The Word

It's Twerk Girl to the rescue

Do you think Miley Cyrus ever regrets becoming the poster child for twerking? I mean, she's clearly into it, but I bet everywhere she goes now, people are like, "Twerk, Miley, twerk! Twerk in this dry cleaners! Twerk in this hat!" and probably sometimes she is like "Sigh, not now, I am trying to enjoy this TED talk."

But she is Twerk Girl now. So she has to do it. That's probably how she ended up twerking with a monkey in a cowboy costume on her back, anyway.

Miley tweeted a photo of the simian pas de deux. It doesn't actually look like there's much twerking going on, since she's sprawled out on the floor, but the monkey does look terrified, so maybe there's more motion than I can see.

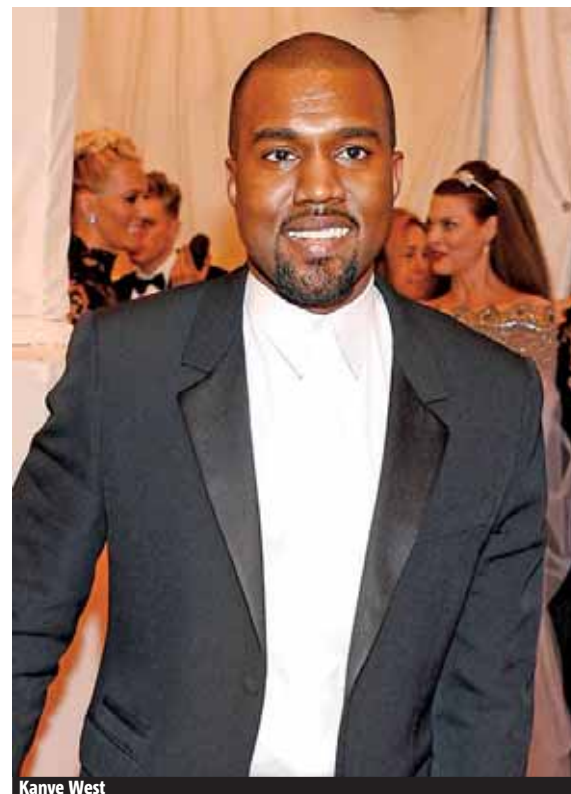
Miley also tweeted a photo of her humping a big furry muppet-looking gentleman, but that was just for fun I'm sure.



In any event, Miley has obviously learned nothing from her much-panned performance at the VMAs. In fact, it seems like our tsk-ting is only feeding the low-rent Gwen Stefani-wannabe beast. Case in point: she not only wore this outfit to the iHeartRadio Music Festival this weekend, but she also butt-slapped a twerking little person and sang into a banana microphone. I mean, we already have one Ke\$ha. Do we really need another? **MELINDA TAUB/MWN**

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Kanye West

What's next Kanye? You're bigger than Jesus?

Kanye West is kind of a big deal, at least according to Kanye West, who refers to himself as "the No. 1 rock star on the planet" in an interview with BBC Radio 1.

"I've got to a point that Michael Jackson did not break down. I have reached the glass ceiling, as a creative

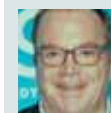
person, as a celebrity ... and I've been at it for 10 years," he says. "I look around and I say, 'Wait a minute. There's no one around here that looks like me. And if they are, they're quiet as f—.' So that means, wait a second — now we're seriously, like, in a civil rights movement."

Twitter



@mindykaling

I just learned the difference between poisonous and venomous. Worth checking out. This isn't a joke just because it sounds boring.



@TomArnold

Just bragged to my 5 month old that daddy knows Peyton Manning because I want him to love me.



@Real_Liam_Payne

Girls behind the hotel please get out the fields there's a huge sign saying snake habitat it's just not worth it someone's gunna get hurt



Neil Patrick Harris

NPH over these hosting gigs

Frequent awards show host Neil Patrick Harris is apparently looking to make that a little less frequent after this weekend's Emmys.

"Emceeing the Emmys was fun, but I'm sure glad it's over," he posted to Twitter. "Looking forward to not hosting anything for a long time."

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The stein for beer has come

Oktoberfest. Once a year North Americans raise their glasses to Bavarian love. Here's where to imbibe

JANET CHOI
Metro World News in New York

What started out as a celebration to mark the marriage of two Bavarian royals in 1810 has turned into a global annual kegger. The mother of all Oktoberfests is a 16-day, beer-fueled party in Munich, Germany, that has spawned countless imitations. Here are a few in North America that will be worth your time and sobriety.

Oktoberfest Denver **Denver, Colo.**

Sept. 27-29, Oct. 4-6

Though it doesn't have strong German roots, it's no surprise that the Mile High City boasts what USA Today and Maxim magazine have touted as The Best Oktoberfest in the United States. Denver appears to be vying for the title of America's Beer Capital with its respected breweries, brew pubs and the largest beer festival in the country.

Oktoberfest Denver will offer the requisite "Food, Bier, Music and Stein Hoisting" at its fest. In addition, David Hasselhoff loyalists will be pleased to hear that the 5K run, Das Hustlehoff,



You don't need to head to Munich to toast to Oktoberfest. ISTOCK

will pay tribute to The Hoff, and each runner will receive a free Das Hustlehoff shirt.

For the real deal

Leavenworth Oktoberfest **Leavenworth, Wash.** **Oct. 4-5, 11-12, 18-19**

Once the headquarters for the Great Northern Railway, the city of Leavenworth found itself struggling

after the railroad relocated early in the 1900s. In 1962, a committee was formed, its sole task to revitalize the city's economy — by turning Leavenworth into a replica of a Bavarian village.

Helen, Ga. **Through Oct. 27**

Helen is a former logging town that underwent a similarly Bavarian transforma-

tion. Once there, you can also take in the late-October fall foliage.

For the procrastinators

Tulsa Oktoberfest **Tulsa, Okla.** **Oct. 17-20**

The Munich Oktoberfest ends the first weekend in October, and in case you have too much on your plate

Canada's take on Bavaria

- **Kitchener/Waterloo.** Oct. 11-19. Running since 1969, Kitchener, Ont.'s Oktoberfest began as a way to celebrate the community's German heritage. It's now grown into the largest Bavarian festival in North America and includes a Thanksgiving Day parade. There are 40 events fest goers can choose from, including a Stein and Dine, a five-kilometre run, a car show and plenty of musical entertainment. For more info visit oktoberfest.ca.

to participate in a timely manner, there are a number of celebrations that are planning to oompah-pah well into the end of October.

Tulsa Oktoberfest is one of the most popular celebrations around the country, and for good reason — namely, keg rolling contests. But this year's celebration has already been hit with controversy before the first pitcher has even been poured: organizers are doing away with the 64-ounce pitchers and replacing them with 34-ounce souvenir steins. Many are crying foul at the downsizing, but will probably just end up drowning their tears in steins full of beer.

3 T I M E



Our Hero Lights The Night

On March 24th 2011, Reese was diagnosed with leukemia. "One minute we were a happy, normal family and the next minute overpowered with devastation" says Kora Hanrahan, Reese's mother.

Reese's type of leukemia required five rounds of intense chemotherapy. Due to the intensity of the treatment, Reese would have to remain at the IWK for approximately six months. Kora moved into the IWK and her husband stayed at home with their two year old son and reduced his work week so they could spend half the week together in the hospital as a family.

Five months later, Reese was released with her biopsies showing no evidence of the disease. The Hanrahan family's joy and relief was indescribable. However, that relief was short lived. Just six months later Reese's leukemia had returned and she would now need a stem cell transplant to survive. Even though the Hanrahans were reeling, Reese continued to play and laugh happily around them. They drew from her cheer and joy she emanated to find the strength to deal with this.

After two rounds of chemotherapy at the IWK they were transferred to Sick Kids in Toronto. The bone marrow transplant unit introduced them to horrors that no parent should have to endure. "I remember sitting in that tiny isolation room, having barely slept for weeks thinking, there HAS to be a better way than this to cure blood cancers."

That is the hope for Team Reese; that they can inspire people to donate to the LTN fundraiser so that a better way can be found.

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Oh, put a steak in it already



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This is a great pasta dish with tender slices of beef and a light pesto sauce. Feel free to substitute chicken breast or sautéed shrimp for the steak. If basil is expensive, try a mixture of green leaves such as parsley, spinach, arugula or cilantro.

1. In nonstick skillet sprayed with vegetable spray, cook beef just until desired doneness. Drain and set aside.

2. Pesto: Put basil, olive oil, Parmesan, pine nuts and garlic in food processor; process until finely chopped. Gradually add the stock through the feed tube and process until smooth. Add salt and pepper. Put pesto in serving bowl.

3. In large pot of boiling water, cook the penne until tender but firm.

4. Meanwhile, heat oil in nonstick skillet over medium heat; cook garlic and onions for 4 minutes until brown. Add mushrooms and sauté for 4 minutes until tender. Add to-

Penne with Steak, Plum Tomatoes and Pesto



This recipe serves six. MARK SHAPIRO, FROM ROSE REISMAN'S ENLIGHTENED HOME COOKING (ROBERT ROSE)

matos and peas and cook for 2 minutes more to heat through.

5. Place drained pasta in serving bowl along with vegetables and steak; toss and serve.

ROSE REISMAN'S ENLIGHTENED HOME COOKING (ROBERT ROSE) BY ROSE REISMAN

Ingredients

- 6 oz thinly sliced beef steak such as New York strip
- Pesto Sauce**
 - 1 1/2 cups packed fresh basil
 - 3 tbsp olive oil
 - 3 tbsp Parmesan cheese
 - 2 tbsp toasted pine nuts
 - 1 1/2 tsp minced garlic
 - 3 tbsp chicken stock or water

- Dash of salt and pepper
- 12 oz penne
- 1 tsp vegetable oil
- 1 tsp minced garlic
- 1 1/3 cups chopped onions
- 1 3/4 cups sliced mushrooms
- 2 1/4 cups chopped fresh plum tomatoes
- 1/2 cup green peas

Drink of the Week

Power Hour Sour

Cheeky and flavourful, this sour drink with an interesting addition of egg white packs a punch!

- 2 oz Belvedere Vodka
- 3/4 oz fresh lemon juice
- 3/4 oz simple syrup
- Dash egg white (optional)

Shake and strain over cubed ice into a rocks glass. Garnish with a wedge of lemon.

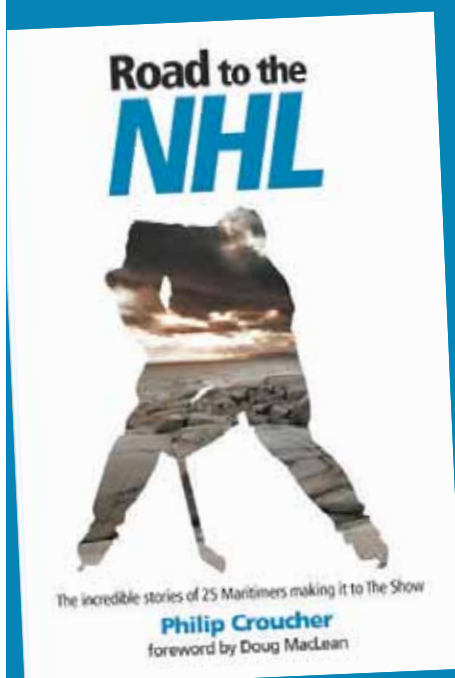
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To bask in our digital dreams or to wake up and relish the real world?

Where is my mind? A digital media maven takes on the tough balancing act between technology and true life

YLVA
VAN BUUREN
Metro World News

"It's like we're living in the science fiction future right now, and the real stories are more incredible than fiction."

Producer/director Ramona Pringle, 31, took her words to heart when she created *Avatar Secrets*, an exciting 10-part interactive documentary project that is being developed as an iPad-based app.

Avatar Secrets is set in both the real world and the virtual world and is a com-



The trailer for Ramona Pringle's *Avatar Secrets* is being launched Thursday during a keynote talk by the producer and director at Social Media Week in Toronto. CONTRIBUTED

bination of Pringle's real-life memoir, a graphic e-novel, and a documentary.

The premise of *Avatar*

Secrets: If we dig a little deeper into the allure of video games and technology maybe we will uncover some

of what we're missing in the real world.

Avatar Secrets is a bold project and certainly one of the reasons why Pringle was recently named one of Playback's 10 2 Watch in the new age.

Pringle has worked as an actor and was in movies including *Shoot 'Em Up* and *Cinderella Man*. She has a master's degree in interactive telecommunications from New York University and today teaches interactive storytelling at Ryerson University. She has worked as a multi-platform producer for CBC, TVO, CTV and PBS.

Her other major project at this time is *rdigitallife.com*, an online hub that explores what it means to be human in today's digital world.

Here are Pringle's tips for

A digital drug?

"We're not addicted to technology, we're addicted to each other."



- View the trailer for Ramona Pringle's interactive iPad documentary *Avatar Secrets* at metronews.ca/avatar — and keep an eye out for more from Pringle on Metro soon.

living in the digital world:

The big draw of all our technologies is each other, so focus on the person, not the technology

Choose when and how to connect with people. For a heart-to-heart, nothing beats face-to-face; for conversing with an overseas relative,

Skype may be best; for making plans with a friend, IM.

Engage fully whether you're online or offline

We are living in what I call the "hybrid reality" — constantly straddling the "real" world and the "digital" world. The challenge is to make sure that being in both worlds doesn't mean that we don't fully engage in either. Choose where you want to focus your attention — whether you're looking into a screen or someone else's eyes.

Empower yourself — don't let gadgets and apps control you

We have this reflex of checking messages when lights flash or there's a ping. Technology is here to stay but we can choose how, when, and where we engage instead of letting the machines make the decisions for us.

Arm yourself with answers

Let's get ready to respond! The best replies to commonly asked interview questions

SHAHEERAH
KAYANIHTTP
TalentEgg.ca

You've got an interview coming up. Are you wondering what kind of questions the employer will ask you? Here's a list of commonly asked interview questions and tips on preparing yourself accordingly.

"Tell me about yourself."

This is a classic question. This is your chance to sell yourself and your talents to the employer. You will want to tell a good story about yourself, what your skills and prior work experiences are, and how you can use that to benefit the employer. Also let your personality shine through, and let the employer in on your interests and career goals.

"What is your biggest weakness?"

This is your chance to talk



When talking about difficult obstacles, focus on the positive end outcome, and what you learned along the way. ISTOCK

about your weakness, and definitely emphasize how you are working to improve on it. For example, if you're afraid of public speaking, take on a volunteer position to improve your presentation skills and become more comfortable with public speaking. Showing that you actually recognize your weakness and are taking action to deal with it will show the employer that you are proactive and like to take initiative.

The tables have turned

Some good questions to ask your interviewer are:

- What is the most challenging and fun thing about this position?
- What is a typical day on the job like?
- What new projects will I get to assist with?
- What will happen next in the hiring process?

"What are your short term goals (over the next five years)?"

For this question, you should mention your professional goals and relate them to those of the employer. You should talk about what you hope to achieve over the next five years and what you hope to contribute to the employer in that time period.

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Mooseheads head coach Dominique Ducharme isn't dwelling on his team's slow start. JEFF HARPER/METRO

Herd look to get back on track in Halifax

QMJHL. After challenging 1-3 start, Mooseheads getting help from key returning players



ANDREW RANKIN

andrew.rankin@metronews.ca

Four games in, and the Halifax Mooseheads are searching for some consistency.

With three of their key players (Zachary Fucale, Brent Andrews and MacKenzie Weegar) back from NHL camps, the Herd played by far their

best game of the season in a 5-2 victory over the Moncton Wildcats on Friday.

But a different, less disciplined and defensively stunted team showed up in Sunday's 5-2 loss to the Cape Breton Screaming Eagles.

"We want to go back to those things that make us win," said Mooseheads head coach Dominique Ducharme. "But it's early in the season. Some guys are still adjusting, but we just have to get back at it, playing our game."

The Mooseheads (1-3) will open a critical three-game home stint starting with the Bathurst Titan at the Metro Centre on Wednesday at 7 p.m.

"Now that the team is set, besides Darcy Ashley, who's still nursing an injured hand, Ducharme said it's about building chemistry and fine-tuning."

"We knew at the start of the season it would take some time to get all of us together. Last year when we started we had many returning players and the new guys were coming in following the older guys and it was an easy transition. Now half the team is new. It takes time to get everyone on the same page."

One of the bright lights for Ducharme has been the play of forward Andrew Ryan, who has collected three goals and

three assists in four games playing alongside Brent Andrews and Nikolaj Ehlers — the points leader among rookies with five points.

"(Andrew) had a good season last year and was really strong in the playoffs," Ducharme said. "Physically, he's big, with good skills. It's nice to see him having a good start to the year."

Though it's been a disappointing start to the season for the Mooseheads, Ducharme isn't dwelling on the past.

"Last weekend it was the first weekend with our guys back," said Ducharme. "We had a good game, and we had a bad game."

Hockey

Crosby's mom joins CWHL board

Sidney Crosby's mother, Trina, has accepted an invitation to join the board of the Canadian Women's Hockey League. She is making the move to become more involved in women's hockey because of a conversation with her 17-year-old daughter. **THE ASSOCIATED PRESS**

Lance Armstrong

U.S. feds vie for lawsuit to proceed

Justice Department lawyers urged a federal judge not to dismiss the government's fraud lawsuit against Lance Armstrong, arguing the U.S. Postal Service was tainted by its sponsorship of his team while he used performance-enhancing drugs to win the Tour de France.

The Postal Service, which insists it didn't know about a drug regimen that was exposed last year, is permanently linked to what the government lawyers called "the greatest fraud in the history of professional sports" in court records filed Monday night.

THE ASSOCIATED PRESS

NBA

"I apologize. If you see me around town, come give me a hug, give me a kiss. I'll do whatever you want."



Shaquille O'Neal, who was introduced as a minority owner of the Kings on Tuesday in Sacramento. During the height of his career with the Lakers, O'Neal fuelled the rivalry with the Kings with his play on the court and verbal jabs at the city off of it.

NFL. It's not delivery, it's surgery for Lions' Burleson

Two days after a victory that for this franchise was down-right historic, the Detroit Lions are facing another dose of adversity.

Receiver Nate Burleson broke his arm in a single-car accident early Tuesday after he reached over to keep two pizza boxes from falling off the front passenger seat, authorities said. Surgery is scheduled for Wednesday.

Burleson's car hit a centre median wall on a highway in suburban Detroit and he was

Quoted



"Nate'll be back at some point, and when he will, he will be a big contributor again to our team."

Lions coach Jim Schwartz on Nate Burleson

taken to a hospital. **THE ASSOCIATED PRESS**

Winter Olympics

Final Sochi check underway

With the opening ceremony just over four months away, IOC inspectors are making their final visit to Sochi to check on preparations for the Winter Olympics.

The IOC co-ordination commission began its 10th and last visit Tuesday to the Black Sea resort — 136 days until the opening of the Games. The visit comes five days before the lighting of the flame in Olympia, Greece. **THE ASSOCIATED PRESS**

NHL. Senators rattle three past Reimer to top Leafs

Maple Leafs goalie James Reimer stole the show Tuesday night in a losing cause as the Senators won 3-2 in pre-season action in Toronto.

Zach Smith, Jim O'Brien and Colin Greening scored for the Senators, who did not dress Jason Spezza, Bobby Ryan or Erik Karlsson.

James van Riemsdyk and Dion Phaneuf scored for Toronto. Reimer made 34 saves in the losing effort. **THE CANADIAN PRESS**



Leafs goalie James Reimer
THE CANADIAN PRESS



Chris Davis of the Orioles strikes out in the second inning against the Blue Jays at Oriole Park in Baltimore Tuesday. The Jays won 3-2. PATRICK SMITH/GETTY IMAGES

DeRosa, Jays douse O's hopes

MLB. Baltimore's six-game losing streak matches longest of the 2013 season

The Toronto Blue Jays eliminated Baltimore from the play-off hunt Tuesday night, using two clutch RBI singles by Mark DeRosa to beat the Orioles 3-2 in 10 innings.

Baltimore's sixth straight loss, combined with Cleveland's comeback win over the Chicago White Sox, left the Orioles six games behind the Indians for the final wild-card slot with five games left.

DeRosa singled in the tying run in the eighth inning and put the Blue Jays ahead in the

On Tuesday

3

Jays

2

Orioles

10th.

Sergio Santos (1-1) worked a perfect ninth and Casey Janssen got three outs for his 34th save.

Jose Reyes drew a one-out walk in the Toronto 10th off Francisco Rodriguez (2-1) and Munenori Kawasaki singled. Reyes appeared to be picked off second but was called safe, drawing Orioles manager Buck Showalter out to argue the call. Brett Lawrie then hit into

a fielder's choice and DeRosa singled to right.

Brian Roberts and Nate McLouth homered for the Orioles, whose six-game skid ties their longest of the season.

Baltimore starter Chris Tillman gave up one run, five hits and a walk in seven innings. He tied a career high with nine strikeouts and left with a 2-1 lead, but the bullpen immediately gave up the advantage in the eighth.

Vying for his fourth straight win for the Blue Jays, starter Todd Redmond had a decent outing — except for two pitches, the ones Roberts and McLouth sent over the scoreboard in right field in the third inning. Redmond allowed two runs and eight hits over 5 2/3 innings. **THE ASSOCIATED PRESS**

NFL

Football's early losers travel to London

The NFL is back in London boasting the star power of Adrian Peterson and Ben Roethlisberger. Trouble is, their teams have nothing to brag about.

The Minnesota Vikings and Pittsburgh Steelers are both 0-3 heading into Sunday's game at Wembley

Stadium, and a fourth loss will all but put the playoffs out of reach for one of them.

The first of two regular-season NFL games is still expected to be a sellout.

"It doesn't bother me. I love the atmosphere," said Rachel Green, who with husband Matt has been to all six of the NFL games played at Wembley. "I prefer it to be close, which it will more likely be with them both 0-3."

THE ASSOCIATED PRESS

NFL

Indy beefs up with pair of linemen

The Indianapolis Colts signed defensive lineman Lawrence Guy and offensive lineman Xavier Nixon on Tuesday. The 6-4, 318-pound Guy was waived by the Colts in August. Nixon, a 6-6, 314-pound tackle, was on Washington's practice squad. **THE ASSOCIATED PRESS**

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	95	62	.605	—
Tampa Bay	88	69	.561	7
New York	82	75	.522	13
Baltimore	81	76	.516	14
Toronto	72	85	.459	23

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	92	66	.582	—
Cleveland	87	70	.554	4½
Kansas City	83	73	.532	8
Minnesota	66	91	.420	25½
Chicago	62	95	.395	29½

WEST DIVISION

	W	L	Pct	GB
Oakland	94	63	.599	—
Texas	86	71	.548	8
Los Angeles	76	80	.487	17½
Seattle	68	89	.433	26
Houston	51	107	.323	43½

Tuesday's results

Cleveland 5 Chicago White Sox 4
Toronto 3 Baltimore 2 (10 inn.)
Tampa Bay 7 N.Y. Yankees 0
Texas 3 Houston 2
Detroit 4 Minnesota 2
Oakland at L.A. Angels
Kansas City at Seattle

Monday's results

Tampa Bay 5 Baltimore 4
Texas 12 Houston 0
Minnesota 4 Detroit 3 (11 inn.)
Chicago White Sox 3 Toronto 2
Oakland 10 L.A. Angels 5
Kansas City 6 Seattle 5 (12 inn.)

Wednesday's games — All Times Eastern

Oakland (Strally 10-7) at L.A. Angels (Weaver 10-8), 3:35 p.m.
Chicago White Sox (Axelrod 4-10) at Cleveland (Salazar 1-3), 7:05 p.m.
Toronto (Rogers 5-8) at Baltimore (Norris 10-12), 7:05 p.m.
Tampa Bay (Price 8-8) at N.Y. Yankees (Hughes 4-13), 7:05 p.m.
Houston (Keuchel 6-9) at Texas (Perez 9-5), 8:05 p.m.
Detroit (Scherzer 20-3) at Minnesota (Correia 9-12), 8:10 p.m.
Kansas City (Santana 9-9) at Seattle (Iwakuma 13-6), 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	93	64	.592	—
Washington	84	74	.532	9½
New York	72	85	.459	21
Philadelphia	72	85	.459	21
Miami	58	100	.367	35½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	93	65	.589	—
Pittsburgh	91	67	.576	2
Cincinnati	90	68	.570	3
Milwaukee	70	87	.446	22½
Chicago	65	93	.411	28

WEST DIVISION

	W	L	Pct	GB
Los Angeles	90	66	.577	—
Arizona	79	77	.506	11
San Diego	73	83	.468	17
San Francisco	72	84	.462	18
Colorado	72	86	.456	19

Tuesday's results

N.Y. Mets 4 Cincinnati 2
Atlanta 3 Milwaukee 2
Philadelphia 2 Miami 1
Pittsburgh 8 Chicago Cubs 2
St. Louis 2 Washington 0
Colorado 8 Boston 3
Arizona at San Diego
L.A. Dodgers at San Francisco

Monday's results

Cincinnati 3 N.Y. Mets 2 (10 inn.)
Milwaukee 5 Atlanta 0
Miami 4 Philadelphia 0
Pittsburgh 2 Chicago Cubs 1
St. Louis 4 Washington 3
San Diego 4 Arizona 1

Wednesday's games — All Times Eastern

N.Y. Mets (Matsuzaka 2-3) at Cincinnati (Latos 14-6), 12:35 p.m.
Washington (Zimmermann 19-8) at St. Louis (Miller 14-9), 1:45 p.m.
Pittsburgh (Liriano 16-7) at Chicago Cubs (Arrieta 3-2), 2:20 p.m.
Milwaukee (Lohse 10-10) at Atlanta (Maholm 10-10), 7:10 p.m.
Philadelphia (Hamels 8-14) at Miami (Hand 1-1), 7:10 p.m.
Boston (Peavy 11-5) at Colorado (Oswalt 0-6), 8:40 p.m.
Arizona (Delgado 5-6) at San Diego (Kennedy 6-10), 10:10 p.m.
L.A. Dodgers (Nolasco 13-10) at San Francisco (Bumgarner 13-9), 10:15 p.m.

CFL

WEEK 14

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	12	8	4	0	373	315	16
Hamilton	12	6	6	0	326	329	12
Montreal	12	4	8	0	285	349	8
Winnipeg	12	2	10	0	251	368	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Calgary	12	9	3	0	373	301	18
B.C.	12	8	4	0	325	302	16
Saskatchewan	12	4	8	0	376	352	16
Edmonton	12	3	9	0	294	328	6

Friday's game — All Times Eastern

B.C. at Winnipeg, 8 p.m.

Saturday's games

Calgary at Hamilton, 6 p.m.

Toronto at Edmonton, 9 p.m.

Sunday's game

Saskatchewan at Montreal, 1 p.m.

NFL

WEEK 4

Thursday's game — All Times Eastern

San Francisco at St. Louis, 8:25 p.m.

Sunday's games

Seattle at Houston, 1 p.m.

N.Y. Giants at Kansas City, 1 p.m.

Pittsburgh at Minnesota, 1 p.m.

Baltimore at Buffalo, 1 p.m.

Arizona at Tampa Bay, 1 p.m.

Cincinnati at Cleveland, 1 p.m.

Indianapolis at Jacksonville, 1 p.m.

Chicago at Detroit, 1 p.m.

N.Y. Jets at Tennessee, 4:05 p.m.

Philadelphia at Denver, 4:25 p.m.

Dallas at San Diego, 4:25 p.m.

Washington at Oakland, 4:25 p.m.

New England at Atlanta, 8:30 p.m.

Monday's game

Miami at New Orleans, 8:40 p.m.

MLS

Friday's game — All Times Eastern

Philadelphia at Kansas City, 8 p.m.

Saturday's games

D.C. United at Toronto FC, 1 p.m.

Real Salt Lake at Vancouver, 7 p.m.

Houston at New England, 7:30 p.m.

Montreal at Chicago, 8:30 p.m.

Sunday's games

Los Angeles at Portland, 3:30 p.m.

Columbus at FC Dallas, 8:30 p.m.

New York at Seattle, 9 p.m.

San Jose at Chivas USA, 11 p.m.

TOP SIX@6
Weeknights at 6 KB counts down the HOTTEST songs of the day

6 Lorde Royals
5 Lady GaGa Applause
4 Avicii Wake Me Up
3 Miley Cyrus Wrecking Ball
2 Drake Hold On, We're Going Home
1 Katy Perry Roar

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2014 Mitsubishi Outlander



ALL PHOTOS WHEELBASEMEDIA.COM

Review. Easy on gas and your wallet. Could it find a home in your driveway?

MALCOLM GUNN
wheelbasemedia.com

There's a new face at Mitsubishi that should receive more than just a glance. The 2014 Outlander wagon has cleaned up its design act both inside and out for 2014, shedding its dated open-mouth look in the process.

In some respects, the largest vehicle in Mitsubishi's thinned-out fleet appears more like the second-gen edition that served the automaker for the 2007-'09 model years. The styling is much more contemporary, making the Outlander appear just as attractive from the rear as from the front. The 2014 edition still shares the previous Outlander's platform and basic dimensions — length, width and distance between the front and rear wheels — equating to nearly identical space for pas-

sengers and cargo as before. However the competition in this bracket is a tad roomier and it's a squeeze when accessing the optional third-row bench of the Outlander.

Regardless of seat assignment, all passengers will be treated to an improved environment. Mitsubishi has upgraded the seats, door panels and dashboard and added more cabin insulation for a quieter ride. As well, the split-folding second and available third rows have been redesigned to fold more easily. Overall, the Outlander has shed some 90 kilograms, which should be a boon to performance. The standard powerplant is a 2.4-litre four-cylinder that produces 166 horsepower and 162 pound-feet of torque. That's down slightly from before, but with the weight reduction it won't be noticed.

The four-cylinder is standard with the ES, while SE and GT S-AWC trims are fitted with a 3.0-litre V6 that delivers 224 horsepower and 215 pound-feet of torque. That's a drop of 15 horses, but it's dead even in

2014 Mitsubishi Outlander

- Type.** Four-door, front/all-wheel-drive wagon
- Engines (hp).** 2.4-litre SOHC I4 (166); 3.0-litre SOHC V6 (224)
- Transmissions.** Continuously variable; six-speed automatic (V6)
- Base price (incl. destination)**
\$27,700

Safety

There's a host of available crash-avoiding electronic safety systems designed to keep you in your proper lane, alert you to approaching vehicles from adjacent lanes and help you maintain a safe distance from vehicles directly in front.

Compare



1 Hyundai Santa Fe
Base price: \$26,900



2 Chevrolet Traverse
Base price: \$34,900

Fuel Economy

The four-cylinder engine rates 8.2 l/100 km in the city and 6.3 on the highway (down from 9.0/7.0). The V6 improves to 10.1/7.1 from 10.9/7.8. A driver-controlled "Eco" setting cuts some of the engine power and A/C functionality for further gains, however slight they might be.

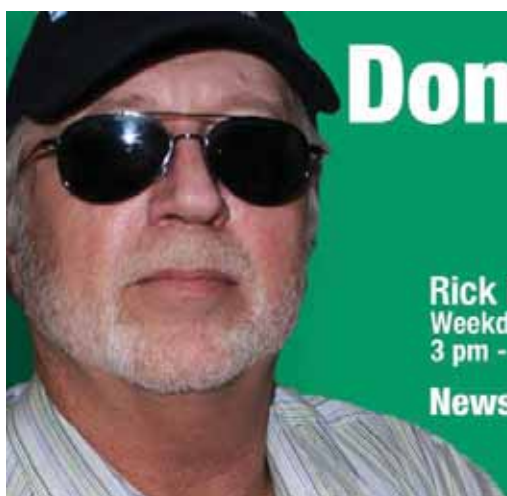
torque. For reference, competing five and seven-passenger wagons have more output, and in some cases significantly more. The 2.4 is hitched to a continuously variable transmission that has been adjusted to more closely mimic a traditional multi-speed automatic, especially when accelerating from a stop. Meanwhile, the V6 has exclusive use of a six-speed automatic that has been updated for improved fuel economy.

Mitsubishi's "Super All-Wheel Control" (code for all-

wheel drive) can be ordered with four-cylinder Outlanders, but is standard with the V6-equipped SE and GT. By mid-2014, Mitsubishi will introduce the Outlander PHEV (Plug-in Hybrid Electric Vehicle) with full-time all-wheel-drive.

With a starting price, including destination charges, of \$27,700, the Outlander arrives with the usual basic kit. The SE model adds dual-zone climate control, rearview camera, push-button start and heated front seats. The GT S entices with a

premium interior, audio package and bright xenon headlamps. From that point the load factor can be increased with option packages containing heated leather-covered seats, power sunroof to name a few features. Other than providing room for as many as seven people, the Outlander's strengths might not be readily apparent until you consider its attractive refresh, content improvements and the appealing price tag. It's then that Mitsubishi's flagship wagon starts to make sense.



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McQueen's jacket

More than three decades after his death from cancer at the young age of 50, actor Steve McQueen is still referred to as The King of Cool. A big part of what made the man such an icon were the cars he drove and the clothes he wore in such movies as Bullitt and Le Mans. Now, Porsche Design — an offshoot of the Germany-based sports-car maker — has created a vintage-style polyester racing jacket that features McQueen's signature and logo stitched on the front and on the inside lining. A Porsche logo is on the back. Jackets are available in blue only in sizes small through 3XL. Order yours for \$500 directly from the Porsche Design at shop1.porsche.com/usa.



Vital vehicle vacuum

The idea of dragging a corded vacuum through an ocean of water after washing the car should make you think twice. A cordless vacuum would be great, but they just don't have the same grunt and the batteries don't last, right? The Dyson DC34 portable, on the other hand, is perhaps the next best thing to a corded vac. Using the company's patented Root Cyclone technology, the DC34 really performs, while the lithium-ion battery pack provides 15 minutes of power on "high" and six minutes on "MAX" for tougher jobs. The DC34 weighs in at less than three pounds and can be a little tough to maneuver in tight places due to its size, but because it's a handheld, there's no hose chaffing door-sill edges and trim while you work. You can read more and order yours for \$199 at dyson.com.



Keep your edibles iced

Most people don't consider the kind of coolers they're packing when camping or picnicking. They load in some ice and hope its contents stay chilled for a few hours before adding more frozen H₂O. But Pelican Products' line of heavy-duty Elite Coolers will retain water in its solid state for between seven to 10 days, thanks to two inches of thermal insulation surrounding the storage area and a freezer-grade gasket between the lid and the box. The latches on all their models are also of the heavy-duty variety, as are the handles and other hardware, which is why all Pelican Elite coolers are guaranteed for life. They're available in a wide variety of sizes, from 35-250 quarts, with prices starting at about \$250 from various online suppliers. Get all the product details from pelican.com.



Keep on track

If you or someone you know is a big race fan, he or she likely has a favorite track or two, whether close to home, in another part of the country or at the opposite end of the globe. The Linear Edge offers visual representations of various Formula One, NASCAR and American LeMans racing venues in addition to a number of motorcycle tracks. Each is produced using Baltic birch over a laminated plywood base, then precision cut to a specific design. These works of art make interesting conversation pieces and would actually look really cool hung on a wall in a den or garage using the special Velcro mounting strips that are supplied. Prices range from \$140-\$185, depending on the track (Watkins Glen, N.Y., pictured). Check out the entire inventory at linearedge.com.



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2013 Dodge Journey R/T AWD shown.[‡]

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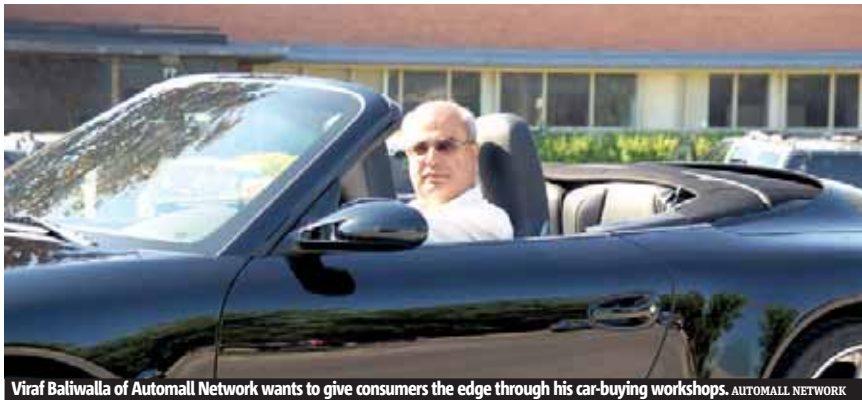
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Viraf Baliwalla of Automall Network wants to give consumers the edge through his car-buying workshops. AUTOMALL NETWORK

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Autopilot. Consumer advocate Viraf Baliwalla has created the first workshop in car buying, allowing you to be one step ahead of the dealers



AUTO PILOT
Mike Goetz
drive@metronews.ca

New research suggests that some car buyers will negotiate better if they get all sweaty first. This is not about potentially using body odour and/or unsightly pit stains to force car sellers to cave in early during the negotiation process.

According to the MIT researchers, it's all about how "physiological arousal" — expressed as an increased heart rate and body sweat induced by running or fast walking just before a negotiation experience — can make some people perform better when it comes to hammering out the deal.

Unfortunately it just seems to work for people who look forward to negotiation. The arousal makes them feel "revved up" for the competition.

For research participants who dreaded negotiating, "arousal" had the opposite effect. Increased heart rate and sweaty palms only increased their nervousness, and they almost always reported being bummed out about their subsequent negotiation experiences.

So the folk wisdom to always go into these situations "cool as a cucumber" may have to be revisited, especially if you like to haggle.

Of course, there is another big tool you can leverage to get a better deal on a car — just learn how to do it properly.

One place you're not going to learn how to do it is in the dealership, when you're in the middle of negotiations, says Viraf Bali-

walla, a consumer advocate and president of Automall Network, a vehicle buying agency.

"It is not the salesperson's job to educate the buyer, it is their job to try and sell you a car," says Baliwalla.

He notes another reason not to look to your salesperson as your confidant: "The auto industry has conditioned us to buy in a certain way ... a way that favours the auto industry."

He says this is not "dealer bashing," only telling consumers the reality of the marketplace, where they need to be as prepared as the person is sitting across from them at the negotiation table.

To this end, he has created one of the first workshops in the country on car buying. The first one will be held this Saturday at the Kitchener-Waterloo campus of Conestoga College in Ontario (Course Code GINTO292 Car Buying — Saving You Money).

Followup workshops at Conestoga are planned for November and January, and in Toronto for the 2014 winter term.

An online version of the workshop is planned to be available to all consumers across North America sometime in the New Year.

The course will cover the tips and tricks of the auto trade, the process they will experience at the dealership and some number crunching too.

As an example, he notes how consumers typically choose a zero per cent financing option over a cash purchase rebate, even though in some cases they would save thousands by getting their own car loan at their bank at the going interest rate, and grabbing that big cash incentive. It's all in the numbers.

Knowledge sounds like a better tool in the long run than relying on a fast heart rate and a bit of sweat to swing the negotiation in your favour, but it's your call.

Mud and wood: The simple basis of modern car design

Driving force.

Advanced computers may take over the latter stages, but most of today's car ideas start as lumber and clay

JIL
MCINTOSH
drive@metronews.ca

How does a car come to be? Many of us picture a designer sketching a vehicle on a napkin in a moment of inspiration, and that's what makes it

to the showroom a little while later. In reality, cars are created by teams of designers, some of whom work specifically on tiny details, and it can take three years or more.

"Design is not a linear process," says Adrian Van Hooydonk, senior vice-president of BMW Group Design. "We always do a design competition, meaning that I brief the design team, and the designers do lots of sketches. I look through them with my design managers, I select the most promising ones, and then together with the board of management, we select the exterior and interior designs

that will lead the company into the future."

Many designs do actually start with a pencil sketch, but the bulk of the work is done with CAD (computer-aided design), which lets designers work on a virtual three-dimensional model. Eventually, many vehicles are also rendered in clay: the team builds a wooden frame and covers it with modelling clay to create a full-size version.

It's the final touch of realism that the computer can't create, and gives the designers an opportunity to check the vehicle's proportions and how it looks from all angles.



Making a clay model helps designers finalize their measurements, among other things. PHOTO COURTESY OF BMW

If something isn't right, excess clay can be scraped away, or more clay added to change the lines.

While a group of designers is working on the exterior, another team is crafting the interior, which also usually starts with pencil sketches and CAD programs. It's also common to make clay models of the inside, so that designers and engineers can actually reach for door handles, hold

the steering wheel, or determine the best placement for switches and controls.

"We have an ergonomic department for the best possible arrangements of switches and displays," Van Hooydonk says.

"We have screens in the car, so we will need fewer switches, but there is more information coming in. Our task is to manage that, so that in future, complex vehicles

will be easier again."

Hand-built concept cars for the auto show circuit can use all sorts of futuristic designs and materials, but when designers create production vehicles, the teams must work closely together to ensure that the vehicle has enough interior space, will meet safety standards and can be stamped out and assembled on a production line.

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Horoscopes

Aries

March 21 - April 20

Steer clear of people you think may be talking about you behind your back. You can't stop them from gossiping but you can keep them out of your line of sight, and then they'll be out of mind as well.

Taurus

April 21 - May 21

The planets are empowering you to make changes you often talk about but always seem to put off. You know it's now or never: Change now or don't change at all.

Gemini

May 22 - June 21

You may find it hard to be balanced in your opinions today but make the effort because if you go to extremes, it could rebound on you. Don't be so outspoken that you give rivals a stick to beat you with.

Cancer

June 22 - July 23

Don't waste time on minor matters. Jupiter in your sign is bringing all sorts of opportunities your way but you may miss them if your mind is stuck on trivia.

Leo

July 24 - Aug. 23

Someone in a position of power will rebuke you for making a mistake and you must stand there and take it. It may not do your ego much good but it will remind you that even Leos have people to answer to.

Virgo

Aug. 24 - Sept. 23

You give people the benefit of the doubt but there could be problems if you trust too easily today. If you are asked to give your blessing to a project, demand to know more first.

Libra

Sept. 24 - Oct. 23

The reason you have not succeeded at something is because you are putting too much time and effort into it. That might sound silly but it is possible to try too hard. Give it a break then come back to it.

Scorpio

Oct. 24 - Nov. 22

Good things are coming your way and you deserve them but don't start thinking it is all your own work. Others had a hand in your success and you would be wise to recognize that.

Sagittarius

Nov. 23 - Dec. 21

No matter how annoying someone may be, you are advised to make an effort to be nice to them. Friendships are so important and you can never have too many. Make a friend of an enemy today.

Capricorn

Dec. 22 - Jan. 20

You may have gone out of your way to explain why you have certain views on certain issues but quite clearly not everyone "gets it". Don't waste any more time on them.

Aquarius

Jan. 21 - Feb. 19

A rival who does not have the guts to challenge you directly will try to undermine your position today. Be on guard and make sure people in positions of authority know why you're the one to trust.

Pisces

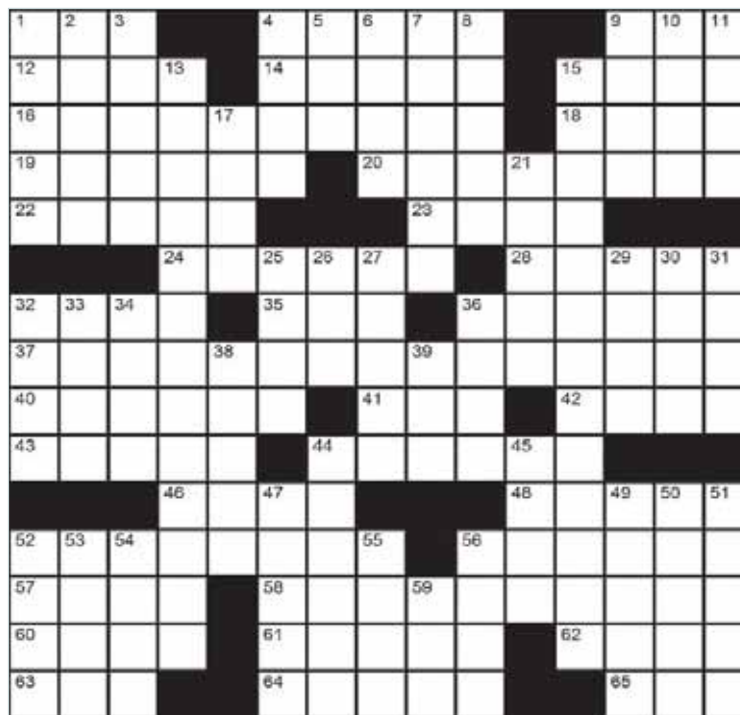
Feb. 20 - March 20

Jupiter, planet of expansion, is on your side and you should aiming to make a name for yourself. What creative talent do you have that is much in demand? **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Noise, for short
- Minestrone, and others
- Fancy affairs
- Ode, for one
- Actress Ms. Raymonde
- American state
- Canadian comedian hosting new trivia game show "Spin Off": 2 wds.
- Hairstyling hues
- BC's ___ Valley
- Canadian current events magazine
- British explorer-in-Canada Mr. Hudson
- Canadian figure skater Patrick
- Nova Scotia's provincial bird
- Particulars
- Hail ___ (Taxi!)
- L'Isle-___Coudres, Quebec
- Pot holder
- Make the history books by winning a race in what?: 3 wds.
- Arctic-set silent documentary film of 1922, "___ of the North"
- Iron's partner
- Original matter, in Cosmology
- Plods along
- Aim
- Wild cherry
- "Pardon me..." [pl.]
- Updated versions



- Be inconspicuous: 2 wds.
- Loanie's portrayer
- Be a Member of Parliament, for instance: 2 wds.
- PBS culinary show, "Simply ___"
- Linda of "Dynasty"
- Marijuana puff

- Positive response
- French painter Edgar (b.1834 - d.1917)
- Kitchen meas.

Down

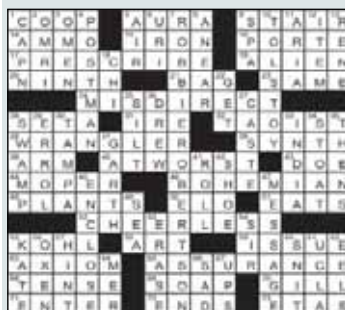
- Canadian rapper, ___ K
- ___prosequi (Not

- proceeding, in law)
- Canadian broadcaster Mr. Soltendieck
- Comic books legend Mr. Lee
- Katharine Hepburn's tree
- E pluribus ___ (Out of Many, One)
- High-seas robbery

- Louis Armstrong nickname, Ambassador ___
- ELO hit: 2 wds.
- Actor Mr. Wilson
- Canadian singer Ms. Jordan
- Twitter = ___ site
- 21st-century crime: 2 wds.

- Mr. Romano's
- Scottish landowner
- City's green area
- Ms. McLanahan
- Former prisoner, commonly
- Santana's "___ Ways"
- Same: French
- Base
- Grass appendages
- "___ Miner's Daughter" (1980)
- River of Florence
- Maple, for one
- Amounts of medicine
- Food fragment
- Struck by Cupid's arrow: 2 wds.
- Newbie
- Sounded satisfied
- Silas Marner author, George ___
- Razzes
- Tidy the floor
- Winnipeg-born singer Mr. Shand
- Fort ___, Ontario
- Wines: French
- Smelting waste
- Deprivation
- Genetic letters

Yesterday's Crossword

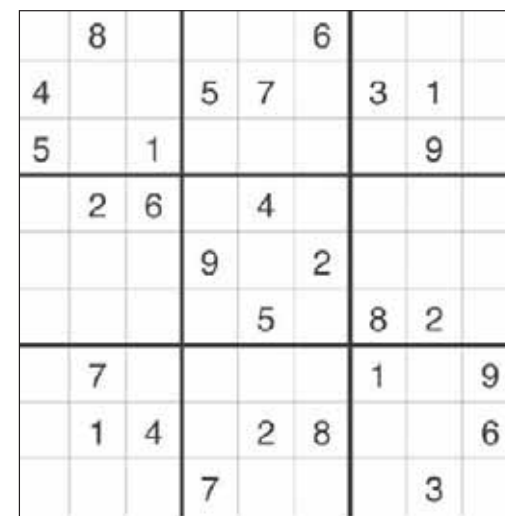


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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Thursday

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Showers

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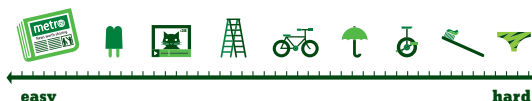
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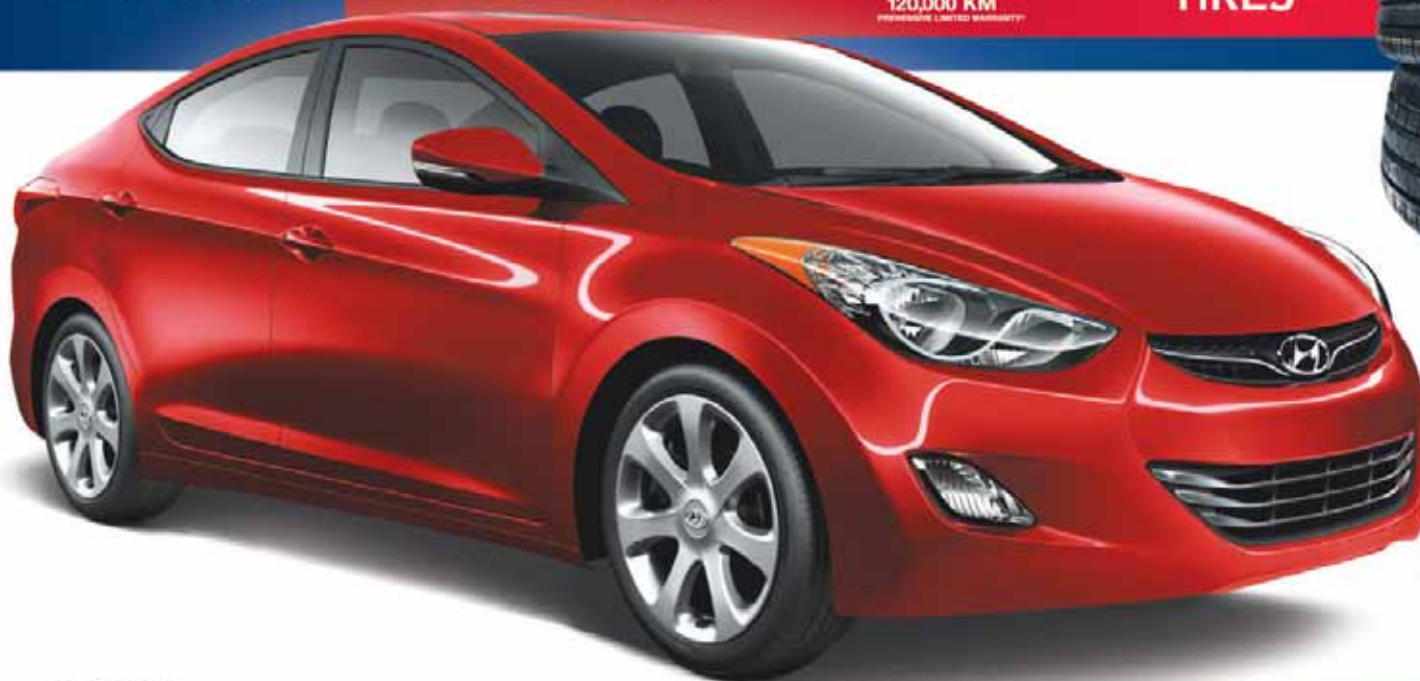
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